

CURRICULUM VITAE

Charles M. Morin

IDENTIFICATION

Address Université Laval
École de Psychologie
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Date of Birth December 10, 1956
Citizenship Canadian

CURRENT POSITION

Professor of Psychology (Associate - 1994-1999) 1999-
Université Laval, Quebec, Canada

Director, Centre d'étude des troubles du sommeil 1995-
Institut universitaire en santé mentale de Québec

EDUCATION AND TRAINING

	<u>Degree</u>	<u>Date</u>
Nova Southeastern University	Ph.D.	1986
Fort Lauderdale, Florida	M.S.	1984
Major: Clinical Psychology		
Université Laval, Quebec, Canada		
Major: Clinical Psychology	M.Ps.	1982
Major: Psychology	B.A.	1979
Post Doctoral Fellow/Instructor		1986-87
Sleep Disorders Center, Department of Psychiatry Medical College of Virginia/Virginia Commonwealth University		
Predocloral Clinical Psychology Residency		1985-86
University of Mississippi Medical Center/VA Medical Center		
Clinical Practica Trainee (Nova Southeastern University)		1982-84
Nova Psychology Outpatient Clinic, Fort Lauderdale, Florida		

EDUCATION AND TRAINING *(continued)*

Clinical Neuropsychology Trainee Montreal Neurological Hospital and Institute, Montréal, Quebec, Canada	1983
Clinical Psychology Intern (Université Laval) Hôtel-Dieu Hosp., Dept. of Psychiatry, Lévis, Quebec, Canada	1980-81

ACADEMIC, RESEARCH, AND PROFESSIONAL APPOINTMENTS

Canada Research Chair (Sleep Disorders)	2004-18
Visiting Scholar Université de Bordeaux	2016
Visiting Professor, Université de Montpellier III, Hôpital Gui-de-Chauliac, Unité des troubles du sommeil	2000-01
Membre, Conseil Universitaire, Université Laval	2011-
Membre, Commission de la recherche, Université Laval	2014-
Membre (Représentant de l'École de psychologie), Table de la recherche, Faculté des sciences sociales, Université Laval	2008-12
Director, Clinical Psychology Doctoral Program, Université Laval	1995-00
Assistant and Associate Professor of Psychiatry	1987-94
Post Doctoral Fellow/Instructor of Psychiatry	1986-87
Department of Psychiatry, Medical College of Virginia	
Director (1989-94), Associate Director (1987-89)	1987-94
Sleep Disorders Center, Dept. of Psychiatry, Medical College of Virginia	
Assistant/Associate Professor of Psychology (Joint Appointment)	1987-94
Department of Psychology, Virginia Commonwealth University	
Consultant, Corporation des Pilotes Maritimes du St-Laurent Central	2003-04
Consultant, Great Lakes Pilotage Authority, Sleep and fatigue	1998
Consultant/Investigator, Novartis	2013-14
Consultat/Investigator, Merck	2012-14
Consultant/Investigator, Organon Inc.	2007-09
Consultant/Investigator, Sanofi-Aventis, Inc	2004-06
Consultant/Investigator, Aventis Pharma Inc.	2004-05
Investigator, Sanofi-Synthélabo Inc.,	2002-04
Consultant/Investigator, Pfizer Inc., New York, NY	2003-05
Consultant, Sepracor Inc., Boston, MA	2001-07
Consultant, Neurocrine Biosciences, Inc., San Diego, CA	2003-06
Consultant/Investigator, GlaxoSmithKline Beecham, Pittsburgh, PA	1999-02
Consultant/Speaker, Servier Canada, Montréal, Canada	1999-01
Consultant/Speaker, Bristol-Myers Squibb, Montréal, Canada	1995-98

Consultant/Speaker, G.D. Searle & Co. Pharmaceuticals, Chicago, IL	1993-95
Consultant, Burroughs Wellcome, Co., Research Triangle Park, N.C.	1991-92
Research Assistant (Nathan Azrin, Ph.D.) Nova University, Fort Lauderdale, FL	1983-84
Research Consultant, Dept. of Community Health, Hôpital Enfant-Jésus, Quebec	1982
Research Assistant, Université Laval, Dept. of Psychology, Quebec, Canada	1982
School Counselor/Research Coordinator, School Psychology Services	1979-80
Langevin School Board, Lac Etchemin, Quebec, Canada	
Research Assistant, Laval University, Dept. of Psychology, Quebec, Canada	1978-79

LICENSURE AND CERTIFICATION

Diplomate, American Board of Sleep Disorders Medicine	1991-
Clinical Psychologist (Commonwealth of Virginia)	1988-
Licensed by the Virginia Board of Medicine (#0107001514)	
Clinical Psychologist (Province of Quebec)	1984-
Licensed by the Corporation professionnelle des psychologues du Québec, Quebec, Canada (#03875-84)	
Certified cognitive behaviour therapist by the Canadian Association of Cognitive and Behavioural Therapies	2012-

SCIENTIFIC AND PROFESSIONAL MEMBERSHIPS

Canadian Psychological Association
 American Psychological Association
 Canadian Sleep Society
 Association for Advancement of Behavioral and Cognitive Therapies
 Canadian Association for Cognitive and Behavioral Therapies (Founding Member)
 Behavioral Sleep Medicine Society (Founding Member)
 Sleep Research Society
 American Academy of Sleep Medicine
 World Association of Sleep Medicine

HONORS AND SPECIAL AWARDS

Distinguished Scientist Award, Sleep Research Society	2016
Elected Member, The Royal Society of Canada	2015
Prix des Grands Diplômés de l'Université Laval (Distinguished Alumni Award)	2014
Prix «Marcel Vincent» for exceptional contributions to Social Sciences, Association Francophone pour le Savoir (ACFAS)	2012
Donald O. Hebb Award for Outstanding Contribution to Psychology as a Science, Canadian Psychology Association	2009
Le Lauréat de la Semaine, Journal Le Soleil/Radio Canada	2009
Distinguished Alumni Achievement Award, Center for Psychological Studies, Nova Southeastern University	2007
Insomnia Section Award for Outstanding Research, American Academy of Sleep Medicine	2007

Prix «Adrien-Pinard» for an exceptional career contribution to research in psychology, Société Québécoise de recherche en psychologie	2006
Canada Research Chair (Sleep Disorders)	2004
Prix «Noël-Mailloux», for an exceptional career contribution to psychology as a science and a profession, Ordre des psychologues du Québec	2004
Canadian Psychological Association (Fellow ; clinical section)	2003
Distinguished Scientific Award for an Early Career Contribution to Psychology (Health Psychology), American Psychological Association	1995
American Psychological Association (Fellow ; Division 12)	1992
American Academy of Sleep Disorders Medicine (Fellow)	1986

LEADERSHIP POSITIONS

Board of Directors/Governing Councils

President-Elect, World Association of Sleep Medicine	2015-
Board of Directors (Assistant Secretary/ Member-at-large), World Association of Sleep Medicine	2009-15
Board of Directors, Society of Behavioral Sleep Medicine	2010-12
President (2002-05), Past-President (2005-08), Canadian Sleep Society	2002-08
Co-Chair, 2011 Meeting of the World Association of Sleep Medicine, Quebec City	2007-11
Delegate, Governing Council, World Federation of Sleep Research Societies	2002-05
Chair, 2004 Canadian Sleep Society meeting, Québec City	2002-04
Chair, 2005 Meeting of the Société Québécoise pour la recherche en psychologie	2004-05
Chair, Clinical Section, Canadian Psychological Association	1996-99
Member, Bureau de coordination, Réseau santé mentale FRSQ	1996-04

Advisory Committees

Member, Scientific Advisory Council, National Sleep Foundation	2013-
Member, Work Group to revise diagnostic criteria of sleep disorders for 5 th Edition of the Diagnostic and Statistical Manual of Mental Disorders (DSM-V)	2007-12
American Psychiatric Association	
Chair, Task Force to review evidence on behavioral treatment for insomnia	2003-06
American Academy of Sleep Medicine, Standards of Practice Committee	
Invited Speaker, NIH State-of-the-Science Conference on the Manifestations and Management of Insomnia, National Institutes of Health, Bethesda, MD	2005
Member, International Advisory Board, Swiss Association for Cognitive Psychotherapy	2005-
Member, Advisory Board/Speakers Bureau, Sleep Medicine Education Institute	2005-07
Member, Task Force to revise the International Classification of Sleep Disorders (2 nd ed., Insomnia Subcommittee), American Academy of Sleep Medicine	2003-04
Member, External Advisory Board, National Institute of Aging, Program Project Grant (Aging Well, Sleeping Efficiently),	2003-
PI: Timothy Monk, Ph.D., University of Pittsburgh School of Medicine	
Foreign Collaborator, Science and Technology Center in Ukraine (Animal model	2003-05

of insomnia, PI: Marine Eliazishvili, Georgia Sleep Research Institute)	
Member, Workgroup to develop research diagnostic criteria for insomnia American Academy of Sleep Disorders Medicine	2000-04
Reviewer, Revised text of DSM-IV (Section on Sleep Disorders) American Psychiatric Association	1999
Member, Working group on insomnia, National Center for Sleep Disorders Research, National Heart Lung and Blood Institute	1997-98
Invited Participant, Late-Life Anxiety Workshop National Institute of Mental Health	1997
Invited Delegate, National Conference on the Advancement of Psychology as a Science Canadian Psychological Association	1997
Invited Participant, Workshop on Psychological Intervention Research in Late-Life National Institute of Mental Health	1995
Member, Publication Committee, American Sleep Disorders Association	1994-96
Chair, Task Force to review nonpharmacological treatments of insomnia American Sleep Disorders Association, Standards of Practice Committee	1994-99
Member, Task Force on practice parameters for the evaluation of insomnia American Sleep Disorders Association, Standards of Practice Committee	1993-97
Expert Witness, National Commission of Sleep Disorders Research, Capitol Hill, Washington, DC.	1990
Clinical Investigator, ICD-10 Field Trial Protocol, WHO (Chap. V)	1988

OTHER SCHOLARLY CONTRIBUTIONS

Editorial Experience

Deputy/Associate Editor:

<i>Sleep (Associate 2004-12; Deputy 2012-)</i>	2004-
<i>Behavioral Sleep Medicine</i>	2001-

Editorial Board:

<i>International Journal of Neurology Research</i>	2014-
<i>International Journal of Psychology</i>	2014-
<i>The Open Sleep Journal</i>	2012-
<i>Sleep Clinicians.com</i>	2009-10
<i>Sleep Medicine</i>	1999-
<i>Sleep Medicine Reviews</i>	1997-12
<i>Hypnos: Journal of Clinical and Experimental Sleep Research</i>	2002-
<i>Psychology and Aging</i>	1995
<i>Medicina del Sueno en Latino America</i>	2007-
<i>Psychological Assessment</i>	1990-98
<i>Science et Comportement</i>	1989-98

Guest Editor:

<i>Clinical Psychology Review (Special issue)</i>	1995-96
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Psychosocial and pharmacological treatments in behavioral medicine

Editorial Review Panel:

<i>Time Life Medical</i> (Video Series: At time of diagnosis)	1995-96
<i>Sleep Multi Media</i>	1998-

Ad Hoc Reviewer:

Sleep; Sleep Medicine; Sleep Medicine Reviews; Journal of Sleep Research; Health Psychology; European Archives of Psychiatry and Neurological Science; European Respiratory Journal; Psychosomatic Medicine; Journal of Psychosomatic Research; Journal of Psychological & Behavioral Assessment; International Journal of Psychiatry in Medicine; New England Journal of Medicine; Neuro-Psychopharmacology and Biological Psychiatry; Journal of the American Medical Association; Annals of Internal Medicine; Behavior Therapy; Contemporary Psychology; Journal of Gerontology; Southern Medical Journal; Behavior Modification; Psychology of Aging; Clinical Psychology Review; Journal of Consulting and Clinical Psychology; Journal of Behavior Therapy & Experimental Psychiatry; Journal of Applied Behavior Analysis.

Scientific/Program Committees

Member, Scientific/Program Committees

World Association of Sleep Medicine, 2015, Seoul, South Korea	2013-15
World Association of Sleep Medicine, 2013 Valencia Meeting, Spain	2011-14
European Congress of Behavioral and Cognitive Therapies, Geneva Meeting	2011-12
World Federation of Sleep Research Societies, 2007 Meeting, Cairns, Australia	2003-07
European Congress of Behavioral and Cognitive Therapies, 2006 Meeting, Paris	2003-06
Canadian Sleep Society Meeting, 2007 Meeting, Montreal, Canada	2004-06
World Congress of Behavioral and Cognitive Therapy, 2005 Meeting, Japan	2003-05
World Congress of Behavioral and Cognitive Therapy, 2001 Meeting, Vancouver	2000-01
Canadian Sleep Society, 2001 Meeting, Ottawa	2000-01

Reviewer of Abstracts/Proposals

Canadian Sleep Society	2005-
Associated Professional Sleep Societies	1990-
Association for Advancement of Behavior and Cognitive Therapies (1989, 94, 98)	1989-98
American Psychological Association (Division 38)	1991

Grant Review Committees

Canada Research Chairs Program	2014
Canadian Funds for Innovation (Leaders' Funds)	2014
Swedish Research Council, Sweden	2013
Chair, FRSQ Grant Review Committee (Mental Health Committee)	2010-13
Co-Chair/Reviewer, FRSQ Career Award Program (Chercheurs Nationaux)	2008-12
Ad Hoc Reviewer, National Institute of Mental Health (NIMH)	2000-

Reviewer, Food and Health Bureau, The Government of Hong Kong, China	2010-
Member, New Investigator Award, Canadian Institutes of Health Research	2012-13
Reviewer, FRSQ Clinical Investigator (Chercheurs Cliniciens)	2006
Reviewer, Chief Scientist Office, Scottish Government, Edinburgh, Scotland	2009
Reviewer, The Wellcome Trust, United Kingdom	2000-02
Reviewer, Fonds de Recherche en Santé du Québec	2000
Reviewer, Canadian Institutes of Health Research	2000-
Reviewer, Manitoba Health Research Council	2001
Reviewer, Alberta Heritage Foundation for Medical Research	1999
Member, Mental Disorders of Aging Committee, NIMH	1994-98
Reviewer, FCAR/FRSQ, Programme de bourses	1997
Reviewer, Medical Research Council of Canada (Behavioral Sciences B)	1994-00
Member, NIH Consultant Reviewers' Reserve	1991-96
Reviewer, NIMH/Mental Disorders of Aging; B/START Program; NIH/NCNR Special Review Committees	1992-95

MENTORSHIP AND TEACHING ACTIVITIES

Post-Doctoral Fellows/Trainees

Tais Castelo Branco Crisostomo de Araujo (U. Laval)	2013-15
Denise Jarrin (Concordia University, Montreal)	2012-
Min Xu (University of Wuhan, Republic of China)	2009-10
Maria Montserrat Sanchez Ortuno (University of Murcia, Murcia, Spain)	2007-08
Sophie Desjardins (U. Montréal), Co-direction, André Marchand, U. Montréal	2004-06
Annie Vallières (U. Laval)	2003-05
Judith Davidson (Queen's University)	2002-03
Lynda Bélanger (Université du Québec à Montréal)	2001-05
Annie Aimée (U. Laval)	2002-03
Célyne Bastien (U. of Ottawa)	1996-99
Cheryl Colecchi (Virginia Commonwealth University)	1992-94
Jacqueline Stone (Virginia Commonwealth University)	1990-92

Chair/Member of Master's Thesis and Doctoral Dissertation Committees

- Orlane Ballot (Ph.D. 2016-).
- Amélie Rochefort (D.Psy. 2013-). Impact de la durée du sommeil sur la réponse aux traitements de l'insomnie.
- Olivier Hudon (D.Psy. 2013-). Analyse de coût-bénéfice de la thérapie cognitive-comportementale pour l'insomnie.
- Ivy Yingming Chen (Ph.D. 2010-). Hyperarousal as a state or trait feature of insomnia.
- Christina Perozzo (Ph.D. 2007-). Sleep and daytime impairments in primary and comorbid insomnia.
- Émilie Fortier-Brochu (Ph.D. 2015). Neuropsychological consequences of insomnia.
- Simon Beaulieu-Bonneau (Ph.D. 2012). Sleep and fatigue in traumatic brain injuries.
- Christine Gagnon (D.Psy. 2012). Validation of the Insomnia Severity Index in Medical

Clinics.

- Julie St-Amant (D.Psy. 2012). Sleep disturbances in bipolar disorders.
- Vincent Moreau (Ph.D. 2011). Sleep and ADHD in children.
- Daniel Forget (Ph.D. 2010). K-complex, evoked potentials and insomnia.
- Geneviève Belleville (Ph.D. 2006). Hypnotic discontinuation and self-help treatment for insomnia.
- Marie-Ève Gauvin (D.Psy. 2008). Comorbidity of insomnia and anxiety disorders.
- Catherine Guay (D.Ps. 2007). Observance du traitement comportemental de l'insomnie.
- Meagan Daley (Ph.D. 2006). Health-care utilization and costs of insomnia.
- Mélanie LeBlanc (Ph.D. 2006). Incidence and risk factors of insomnia.
- Marie-Christine Ouellet (Ph.D. 2005). Troubles du sommeil et traumatismes crâniens.
- Émilie Fortier-Brochu (M.Ps. 2004). Analyse spectrale de la réponse thérapeutique au traitement cognitivo-comportemental de l'insomnie.
- Simon Beaulieu-Bonneau (M. Ps. 2004). Self-help treatment of insomnia.
- Annie Vallières (Ph.D. 2003). Traitement séquentiel de l'insomnie.
- France Blais (1998-). Insomnie et trouble d'anxiété généralisée comorbide.
- Geneviève Belleville (M.Ps. 2001). Sommeil et perception du temps.
- Mélanie Leblanc (M.Ps. 2001). Analyse spectrale et insomnie.
- Catherine Quesnel (M.Ps. 2002). Traitement de l'insomnie chez les femmes atteintes du cancer du sein. (Co-direction with Josée Savard)
- Liny Laroche (M.Ps. 2000). Insomnie chronique primaire et fonctionnement immunitaire. (Co-direction with Josée Savard).
- Sébastien Bouchard (M.Ps. 1999). Efficacité personnelle et observance du traitement de l'insomnie.
- Julie Blanchet (M.Ps. 1998). L'insomnie chez les femmes atteintes d'un cancer du sein. (Co-direction with Josée Savard).
- Catherine Lamoureux (M.Ps. 1998). Évaluation neuropsychologique chez des insomniaques âgés qui consomment des benzodiazépines de façon chronique.
- Linda Gendron (M.Ps. 1998). Stratégies de contrôle de pensées dans l'insomnie.
- Ève Deland (M.Ps. 1998). Influence de l'activité physique sur le sommeil.
- Annie Vignola (M.Ps. 1998). Évaluation objective et subjective de la performance cognitive chez les aînés avec ou sans insomnie chronique.
- Sylvie Rodrigue (M.Ps. 1998). Influence de variables associées au stress sur le sommeil.
- Christian Portugais (M.Ps. 1997). Traitement des cauchemars chroniques par expositions imaginaires contrôlées de scénarios altérés.
- François Bernier (M.Ps. 1997). Facteurs reliés à l'utilisation des benzodiazépines chez des personnes consultant pour l'insomnie.
- Véronique Mimeault (M.Ps. 1997). Bibliothérapie de l'insomnie.
- Anouk Gagné (M.Ps. 1996). Insomnie: variables corrélées à l'efficacité des traitements psychologiques et pharmacologiques.
- Steven Schwartz (Ph.D. 1996). Maladaptive oral habits and EMG reactivity in subjects with and without TMD symptomatology.
Chair: Sandy Gramling, Ph.D., Virginia Commonwealth University
- Jim Perlstrong (Ph.D., 1994). Hypnotic susceptibility and insomnia.
Chair: Stan Strong, Ph.D., Virginia Commonwealth University

- Arthur Kaye (M.A. 1992). Comorbidity of dysthymia, major depression, and personality disorders. Chair: James P. McCullough, Ph.D., Virginia Commonwealth University
- Kathleen McDonald (M.A. 1991). Hypochondriasis: An investigation of the amplification theory. Chair: Sandy E. Gramling, Ph.D., Virginia Commonwealth University
- Christopher Roberts (M.A. 1991). Social adjustment and unipolar depression. Chair: James P. McCullough, Ph.D., Virginia Commonwealth University

External Examiner (Doctoral theses/dissertations)

- Isabelle Jaussent (2013). Chair: Yves Dauvilliers, Université de Montpellier I, France
- Alexandre Sasseville (2012). Chair: Marc Hébert, Université Laval
- Christopher Harvey (2012). Chair: C. Espie, University of Glasgow, Scotland
- Melissa Ann Pech. (2012). Chair: J. Kearney, National Australian University, Canberra
- Jihui Zhang, Ph.D. (2010). Chair: Yun-Kwok Wing, University of China in Hong Kong
- Annie Mathieu, Ph.D. (2008). Chair: Jacques Montplaisir, Université de Montréal
- Lyne Marchand, Ph.D. (2008). Chair: André Marchand, Université du Québec à Montréal
- Sarah Gabrielle-Béland, M.Sc. (2008). Chair: Michel Préville, Université de Sherbrooke
- Borge Sivertsen, Ph.D. (2006). Chair: Inger Hilde Nordhus, University of Bergen, Norway
- Stale Pallesen, Ph.D. (2002). Chair: Inger Hilde Nordhus, University of Bergen, Norway
- Martin Michaud, Ph.D. (2002). Chair: Jacques Montplaisir, Université de Montréal
- Hélène Gaudreau, Ph.D. (2000). Chair: Jacques Montplaisir, Université de Montréal.
- Lynda Bélanger, Ph.D. (2000). Chair: Gilles Dupuis, Université du Québec à Montréal.
- Shawn R. Currie, Ph.D. (1998). Chair: Keith Wilson, University of Ottawa.
- Lisa Chisolt, M.S. (1997). Chair: Colin Shapiro, University of Toronto.
- Dominique Paré, Ph.D. (1997). Chair: Ethel Roskie, Université de Montréal.
- Laura Creti, Ph.D. (1996). Chair: Eva Libman, Concordia University.

International Visitors/Trainees

- Amy Kwok and Carole LI Chi-kwan, University of China, Hong Kong (2012)
- Min Xu, M.D., University of Wuhan, Republic of China (2009-10)
- Montserrat Sanchez-Ortuno, Ph.D., University of Murcia, Murcia, Spain (2007-08)
- Yara Fleury van der Molen, Sao Paulo Federal University, Brazil (2007)
- Colin A. Espie, Ph.D., University of Glasgow, Scotland (2004)
- Ulla M. Edéll-Gustafsson, Ph.D., Linköping University, Linköping, Sweden (2004)
- Daniel Taylor, Ph.D., University of North Texas, USA (2005)
- Anne Berit Roe, Norwegian University of Science and Technology, Trondheim, Norway (2004)

Teaching/Supervising

Director, Clinical Psychology Doctoral Program	1995-00
Co-Director, Clinical Psychology Doctoral Program	2004-05
École de Psychologie, Université Laval	

Graduate and Undergraduate Teaching – Université Laval:
 Sommeil et Bien-être 2014-
 Méthodes de recherche en psychologie clinique 1995-
 Lecturer in the following courses: Psychologie de la santé, Évaluation de l'adulte, 1995-
 Psychothérapies, Recherche dirigée
 Psychiatry Residents (PGY- 1, 2) – Seminar on Sleep Disorders 1996-

Teaching – Medical College of Virginia/Virginia Commonwealth University
 Supervisor, Clinical Psychology Internship 1987-94
 Post Doctoral Fellowship and Psychiatry Residency Program;
 Instructor, (Medical Students), Lectures on Learning, Sleep, Behavioral Sciences
 Preceptor for Clinical Interviewing and Psychiatric Interviewing Courses;
 Clinical Supervisor, Psychiatry, Neurology, and Pulmonary Medicine
 Residents and Fellows rotating through the Sleep Disorders Center

RESEARCH GRANTS

Innovations et transfert des connaissances en interventions psychosociales 2016-20
 (2017-SE-196496; Soutien aux équipes de recherche; \$269,444 total; \$67,361/year)
 Fonds de recherche du Québec – Société et culture
 Principal Investigator (Co-Investigators: G. Belleville, M. Provencher, J. Savard, G.
 Foldes-Busque, M.C. Ouellet)

An Insomnia Internet Intervention for Older Adults 2015-20
 R01 AG047885-01A1 (\$3,231,283 total; \$646,256/year)
 National Institute on Aging
 Co-Investigator (PI: Lee M Ritterband, University of Virginia)

Travail de nuit et difficultés de sommeil: Déterminants psychosociaux et interventions 2015-20
 psychologiques
 Instituts de recherche en santé du Canada
 Co-Investigator (PI : Annie Vallières, Université Laval)

Can we Prevent Insomnia? A Randomized Controlled Trial of Brief Cognitive- 2015-18
 Behavioral Insomnia Prevention Program for High-Risk Adolescents
 CCT_TEMP00084 (\$373,706; total; \$124,569/year)
 Center for Clinical Research and Biostatistics
 Co-Investigator (PI: Wing Yun Kwok, The Chinese University of Hong Kong)

- Canada Research Chair in Sleep Disorders (#950-223244) 2011-18
 Canada Research Chairs (Canadian Institutes of Health Research)
 (\$1,400,000 total; \$175,000/year)
- A Stepped Care Model for the Wider Dissemination of Cognitive-Behavioural
 Therapy for Insomnia Among Cancer Patients: Efficacy and Cost-Effectiveness
 (MOP125968) 2013-17
 Canadian Institutes of Health Research – Operating Grant
 (\$616,325 total; \$123,625/ year)
 Co-Investigator (PI: Josée Savard, Université Laval)
- Sequenced Therapies for Comorbid and Primary Insomnias 2011-17
 1 R01 MH091053 (\$897,239US; \$179,448/year)
 National Institute of Mental Health
 Principal Investigator (Co-Investigators: H. Ivers, L. Bélanger, U. Laval; J. Edinger,
 A. Krystal, Duke University)
- Validation de Traitements Psychologiques et Transfert des Connaissances via 2012-16
 Différents Modèles d’Implantation
 (2013-SE-164298; Soutien aux équipes de recherche; \$462,130 total; \$118,265/year)
 Fonds Québécois de Recherche sur la Société et la Culture
 Principal Investigator (Co-Investigators: J. Savard, M. Pépin, M. Provencher, M.C.
 Ouellet, G. Belleville)
- Natural History and Treatment of Insomnia 2011-16
 MT-42504 (\$151,434/year)
 Canadian Institutes of Health Research
 Principal Investigator (Co-Investigators: J. Savard, J.P. Grégoire, C. Mérette)
- Relationship Between Insomnia, Immune Functioning, and the Occurrence of 2011-16
 Infections in Women with Ovarian Cancer
 Canadian Institutes of Health Research – Operating Grant (\$676,931 total;
 \$112,821/year)
 Co-Investigator (PI: Josée Savard, Université Laval)
- An Internet Intervention for Insomnia: Efficacy and Dissemination 2010-15
 1R01MH086758 (\$2,454,816 total; \$317,946 US/year)
 National Institute of Mental Health
 Co-Investigator (PI: Lee Ritterband, University of Virginia, Charlottesville)
- Les Facteurs Biopsychosociaux Impliqués dans l’Évolution du Trouble du Sommeil 2010-15
 Associé au Travail de Nuit
 Instituts de Recherche en Santé du Canada (\$264,347 total; \$44,058/year)
 Co-Investigator (PI : Annie Vallières, Université Laval)

Sleep, Neurophysiology, and Chronobiology Laboratory (#29271) Infrastructure Funds (\$563,166 including \$206,043 from the Quebec Government and industry partners) Canadian Foundation of Innovation (Fonds des Leaders)	2012-13
La Gestion de l'Insomnie et de la Fatigue après un Traumatisme Crâniocérébral (\$141,081 total) Fonds de la Recherche en Santé du Québec Co-Investigator (PI: Marie-Christine Ouellet)	2011-13
Cognitive-Behavior Therapy for Insomnia: Component Analysis and Treatment Mechanism 1 R01 MH079188 (\$2,553,717 US) National Institute of Mental Health Principal Investigator (Co-PI: Allison Harvey, University of California, Berkeley; Chantal Mérette, U. Laval)	2007-13
Self-help Treatment for Insomnia in Breast Cancer Patients CBCRA #017738 (\$171,901/year) National Cancer Institute of Canada/Canadian Breast Cancer Research Alliance Co-Investigator (PI: Josée Savard, Université Laval)	2006-13
Validation Empirique de Traitements Psychologiques et Transfert des Connaissances (2009-SE-124999; Soutien aux équipes de recherche; \$116,123/year) Fonds Québécois de Recherche sur la Société et la Culture Principal Investigator (Co-Investigators: J. Savard, M. Pépin, M. Provencher, M. Loranger, R. Ladouceur, J.M. Boisvert)	2008-12
Insomnie Chronique: Potentiels Évoqués Cognitifs et Analyses Spectrales Comme Mesures du Fonctionnement Cognitif Diurne Canadian Institutes of Health Research (\$440,894) Co-Investigator (PI: Célyne Bastien, Université Laval)	2007-11
Natural History and Treatment of Insomnia MOP-151089 (\$163,205/year) Canadian Institutes of Health Research Principal Investigator (Co-Investigators: J. Savard, J.P. Grégoire, C. Mérette)	2006-11
Canada Research Chair in Sleep Disorders (#950-202094) Canada Research Chairs (Canadian Institutes of Health Research) \$200,000/year	2004-11
Insomnia Secondary to Cancer: A Longitudinal Study National Cancer Institute of Canada (#015167; \$155,283/year) Co-Investigator (PI: Josée Savard, Université Laval)	2004-09

- Cardiovascular Autonomic Regulation During Sleep and Wakefulness in Primary Insomnia (MOP-144051; \$66,850/year) 2005-08
Canadian Institutes of Health Research
Co-Investigator (PI: Paola Lanfranchi, Université de Montréal)
- Validation de Traitements Psychologiques et Transfert de Connaissances (2005-SE-95672; Soutien aux équipes de recherche; \$96,091/year) 2004-08
Fonds Québécois de Recherche sur la Société et la Culture
Co-Investigator (PI: Robert Ladouceur, Université Laval)
- Internet Insomnia Intervention: Development and Feasibility 2004-07
1 R34 MH070805-01 (\$15,062/year)
National Institute of Mental Health
Co-Investigator (PI: Lee Ritterband, University of Virginia)
- Sleep, Neurophysiology, and Chronobiology Laboratory 2004-07
Infrastructure Funds (\$603,000, including \$362,281 from the Quebec Government and industry partners)
Canadian Foundation of Innovation (Canada Research Chair)
- Behavioral and Pharmacological Treatment for Insomnia 2001-07
1 R01 MH60413-01A2 (\$225,000USD/year)
National Institute of Mental Health
Principal Investigator (Co-Investigators: L. Baillargeon, J.-P. Grégoire, C. Mérette, J. Savard)
- The Placebo Effect in Sleep and Pain 2003-06
#200208PLE (\$89,134/year)
Canadian Health Research Institutes (New Emerging Team Program)
Co-Investigator (PI: Gilles Lavigne, Université de Montréal)
- Insomnie: Mesure de l'Activation Corticale par Potentiels évoqués et analyse spectrale. 2001-06
(#49500) Instituts de Recherche en Santé du Canada (\$228,500 total)
Co-Investigator (PI: Célyne Bastien, Université Laval)
- Natural History and Treatment of Insomnia 2001-06
MOP-42504 (\$85,541/year)
Canadian Institutes of Health Research
Principal Investigator (Co-Investigators: L. Baillargeon, J.-P. Grégoire, C. Mérette, J. Savard, C. Espie)
- Développement et Validation Empirique d'Interventions Psychologiques 2000-04
01-ER-67674 (01ER1147) (62,000 \$/year)
FCAR - Formation de Chercheurs et Aide à la Recherche
Programme: Soutien aux équipes de recherche

Co-Investigator (PI: Robert Ladouceur, Université Laval)	
Benzodiazepine Discontinuation in Generalized Anxiety Disorder 200003MOP-82056-BSB-CFBA-13855 (56,060 \$/year) Canadian Institutes of Health Research Co-Investigator (PI: Robert Ladouceur, Université Laval)	2000-03
Clinical and Health Economic Benefit of Non-pharmacological Treatment of chronic insomnia in primary care (CZH/4/2) Scottish Executive Health Department (155,358 Sterling Pounds, total) Co-Investigator (PI: Colin Espie, University of Glasgow, Scotland)	2000-03
Effect of Cognitive Therapy on Depression and Immune Functioning in Women with Metastatic Breast Cancer - 010436 (\$346,371, total) Canadian Breast Cancer Research Initiative Co-Investigator (PI: Josée Savard, Université Laval)	1999-02
Réseau de Recherche en Santé Mentale du Québec (Axe Sommeil) (# 9600700) Fonds de Recherche en Santé du Québec (\$350,000, total) Co-Principal Investigator with Jacques Montplaisir, Université de Montréal	1998-02
Analyse Spectrale dans l'Insomnie Chronique FRSQ - Fonds de Recherche en Santé du Québec (\$40,000, total) Co-Investigator (PI: Célyne Bastien, Université Laval)	1999-01
Late-Life Insomnia and Chronic Use of Benzodiazepine 1R01 MH55469 (\$1,172,946 direct costs) National Institute of Mental Health Principal Investigator	1995-01
Approche Cognitive en Intervention Psychologique FCAR - Formation de chercheurs et l'aide à la recherche (\$120,000, total) Co-Investigator (PI : Robert Ladouceur, Université Laval)	1997-00
Insomnie et Cancer du Sein: Évolution, Traitement et Conséquences sur l'Immunité Medical Research Council of Canada (MT-14039) (\$222,000, total) Co-Investigator (PI : Josée Savard, Université Laval)	1997-00
Réduction de la Consommation de Benzodiazépines Chez les Aînés (\$177,905, total) Santé et Bien-Être Social Canada Co-Investigator (PI: Lucie Baillargeon, Centre Hospitalier Université Laval)	1995-98
Cognitive-Behavior Therapy and Pharmacotherapy of Late-Life Insomnia "FIRST" Award R29 MH 47020 (\$513,447) National Institute of Mental Health Principal Investigator	1990-95

Virginia Commonwealth University Grant-In-Aid (\$7,000) Behavioral Treatment of Sleep Disturbances in Chronic Pain	1993-94
Behavioral and Pharmacological Therapies for Late-Life Insomnia NIH Geriatric Leadership Academic Award K07 AG00404 (\$5,750) Virginia Commonwealth University	1990-91
Cognitive-Behavioral Treatment of Geriatric Insomnia R03 MH 44338-01 (\$37,431) National Institute of Mental Health Principal Investigator	1988-89
Doctoral Fellowship (\$11,000/year) Social Sciences and Humanities Research Council of Canada	1982-86
Doctoral Fellowship (\$8,500/year) Fonds FCAR pour Formation de Chercheurs et l'Aide à la Recherche du Québec	1982-85
Doctoral Studentship: \$10,800 (declined) Medical Research Council of Canada	1982-83
Master's Fellowship (\$5,000) Fonds FCAC pour la Formation de Chercheurs et Action Concertée du Québec	1981-82
Special M.A. Scholarship (\$8,000/year) Social Sciences and Humanities Research Council of Canada	1980-82
Master's Fellowship (\$4,500) Direction générale de l'enseignement supérieure du Québec	1980-81

GIFT/DONATION

Fonds Valeant pour l'enseignement et la recherche sur les troubles du sommeil (Fondation de l'Université Laval) Valeant Canada (250 000 \$)	2013
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RESEARCH CONTRACTS

<p>Protocol NOV-P3-444 (978-I-101) A randomized double-blind multi-center crossover study of the sleep effects of a single dose of triprolidine 5 mg, diphenhydramine 50 mg and placebo on measures of nighttime sleep and daytime alertness in a 3-hour phase-advance model (\$724,355) Investigator – Multi-center study</p>	2013-14
<p>Protocol MK-4305-028, Merck Frosst Canada Ltd A Phase III, multicenter, randomized, double-blind, placebo-controlled, parallel group, study to evaluate the safety and efficacy of MK-4305 in patients with primary insomnia. Investigator – Multi-center study</p>	2010-11
<p>Protocol 21108, Organon/Schering-Plough A double-blind, randomized, parallel group, placebo-controlled sleep laboratory efficacy and safety study with Org 50081 in elderly subjects with chronic primary insomnia. (\$259,818) Investigator – Multi-center study</p>	2008-09
<p>A randomized controlled trial testing the safety and efficacy of an ambulatory biofeedback device for chronic primary insomnia (Protocol #H300), Helicor, Inc. New York (\$104,260) Principal Investigator (with Jack Edinger, Duke University)</p>	2006-08
<p>Protocol EFC 6220 (eplivanserin) Sanofi-Aventis (\$320,000) Efficacy and safety of Eplivanserin 5mg/day on sleep maintenance insomnia Investigator – Multi-center study</p>	2006-07
<p>Protocol LTE 6217 (eplivanserin) Sanofi-Aventis (\$54,301) Efficacy and safety of Eplivanserin 5mg/day on sleep maintenance insomnia: Multicenter, randomized, double-blind, placebo-controlled study Investigator – Multi-center study</p>	2005-06
<p>Protocol EFC 5202 (zolpidem) Sanofi-Synthélabo (\$150,000) Efficacy of zolpidem (modified release) 12.5 mg and 10 mg compared to placebo for primary insomnia Investigator – Multi-center study</p>	2003-04
<p>Protocol EFC 4530 (zolpidem) ZOLELDERLY study Sanofi-Synthélabo (\$230,000) Efficacy and safety of zolpidem (modified release) for sleep-maintenance insomnia in older adults Investigator – Multi-center study</p>	2002-03

A Multi-Center Clinical Study of Alluna (#G1660120)

2001-02

Glaxo SmithKline Beecham (\$85,752US)

Lead Investigator - Multi-center study to compare the effects of valerian and diphenhydramine for the treatment of mild to moderate insomnia.

PUBLICATIONS

Books

1. Morin, C. M., & Espie, C. A. (Eds.). (2012). *Oxford handbook of sleep and sleep disorders*. New York: Oxford University Press.
2. Driver, H., Gottschalk, R., Hussain, M., Morin, C. M., Shapiro, C., & Van Zyl, L. (2012). *Insomnia in adults and children*. Toronto: Joli Joco Publications.
3. Morin, C. M. (2009). *Vaincre les ennemis du sommeil* (2nd ed.). Montréal: Les Éditions de l'homme. (1st edition, 1997).
4. Morin, C. M., & Espie, C. A. (2003). *Insomnia: A clinical guide to assessment and treatment*. New York: Kluwer Academic/Plenum Publishers. (translated in Italian and Chinese)
5. Lichstein, K. L., & Morin, C. M. (Eds.). (2000). *Treatments of late-life insomnia*. Oakland, CA: Sage Publications.
6. Morin, C. M. (1996). *Relief from insomnia*. New York: Doubleday. (translated in Portuguese)
7. Morin, C. M. (Guest Editor). (1996). Psychosocial and pharmacological treatments in behavioral medicine. [Special issue]. *Clinical Psychology Review*, 16, 453-597.
8. Morin, C. M. (1993). *Insomnia: Psychological assessment and management*. New York : Guilford Press. (translated in Spanish)

Articles

1. Araujo, T., Jarrin, D., Leanza, Y., Vallières, A., & Morin, C. M. (In press). Qualitative studies of insomnia: Current state of knowledge in the field. *Sleep Medicine Reviews*.
2. Bélanger, L., Harvey, A. G., Fortier-Brochu, É., Beaulieu-Bonneau, S., Eidelman, P., Talbot, L., Ivers, H., Hein, K., Lamy, M., Soehner, A. M., Mérette, C., & Morin, C. M. (In press). Impact of comorbid anxiety and depressive disorders on treatment response to cognitive behavior therapy for insomnia. *Journal of Consulting and Clinical Psychology*.
3. Belleville, G., Ivers, H., Bélanger, L., Blais, F. C., & Morin, C. M. (In press). Sequential treatment of comorbid insomnia and generalized anxiety disorder. *Journal of Clinical Psychology*.
4. Eidelman, P., Talbot, L., Ivers, H., Bélanger, L., Morin, C. M., & Harvey, A. G. (2016). Change in dysfunctional beliefs about sleep in behavior therapy, cognitive therapy, and cognitive behavior therapy for insomnia. *Behavior Therapy*, 47, 102-115.
5. Jarrin, D. C., Chen, I. Y., Ivers, H., Lamy, M., Vallières, A., & Morin, C. M. (2016). Nocturnal heart rate variability in patients treated with cognitive behavioral therapy for insomnia. *Health Psychology*, 35, 638-641.
6. McCurry, S. M., Guthrie, K. A., Morin, C. M., Woods, N. F., Landis, C. A., Ensrud, K. E., Larson, J. C., Joffe, H., Cohen, L. S., Hunt, J. R., Newton, K. M., Otte, J. L., Reed, S. D., Sternfeld, B., Tinker, L. F., & LaCroix, A. Z. (2016). Telephone-based cognitive behavioral therapy for insomnia in perimenopausal and postmenopausal women with vasomotor symptoms: A MsFLASH randomized clinical trial. *Journal of the American Medical Association Internal Medicine*.
7. Morin, C. M., Edinger, J. D., Krystal, A. D., Buysse, D. J., Beaulieu-Bonneau, S., & Ivers, H. (2016). Sequenced therapies for comorbid and primary insomnia: Study protocol for a randomized controlled trial. *Trials*, 17, 118.

8. Palagini, L., Bruno, R. M., Cheng, P., Mauri, M., Taddei, S., Ghiadoni, L., Drake, C. L., & Morin, C. M. (2016). Relationship between insomnia symptoms, perceived stress and coping strategies in subjects with arterial hypertension: Psychological factors may play a modulating role. *Sleep Medicine, 19*, 108-115.
9. Palagini, L., Faraguna, U., Mauro, M., Gronchi, A., Morin, C. M., & Riemann, D. (2016). Association between stress-related sleep reactivity and cognitive processes in insomnia disorder and insomnia subgroups: Preliminary results. *Sleep Medicine, 19*, 101-107.
10. Savard, J., Ivers, H., Savard, M-H., & Morin, C. M. (2016). Long-term effects of two formats of cognitive-behavioral therapy for insomnia comorbid with breast cancer. *Sleep, 39*, 813-823.
11. Beaulieu-Bonneau, S., Fortier-Brochu, É., Ivers, H., & Morin, C. M. (2015). Attention following traumatic brain injury: Neuropsychological and driving simulator data, and association with sleep, sleepiness, and fatigue. *Neuropsychological rehabilitation, 24*, 1-23.
12. Chen, P-Y., Yang, C-M., Morin, C. M. (2015). Validating the cross-cultural factor structure and invariance property of the Insomnia Severity Index: Evidence based on ordinal EFA and CFA. *Sleep Medicine, 16*, 598-603.
13. Morin, C. M. (2015). Cognitive behavioral therapy for chronic insomnia: State of the science versus current clinical practices. *Annals of Internal Medicine, 163*, 236-237.
14. Morin, C. M., Drake, C. L., Harvey, A. G., Krystal, A. D., Manber, R., Riemann, D., & Spiegelhalder, K. (2015). Insomnia disorder. *Nature Reviews Disease Primers, 1*, 1-18.
15. Ouellet, M-C., Beaulieu-Bonneau, S., & Morin, C. M. (2015). Sleep-wake disturbances after traumatic brain injury. *The Lancet Neurology, 14*, 746-757.
16. Savard, J. Ivers, H., Savard, M-H., Morin, C. M. (2015). Cancer treatments and their side effects are associated with aggravation of insomnia: Results of a longitudinal study. *Cancer, 121*, 1703-1711.
17. Cho, Y. M., Song, M. L., & Morin, C. M. (2014). Validation of a Korean version of the insomnia severity index. *Journal of Clinical Neurology, 10*, 210-215.
18. Fortier-Brochu, E., & Morin, C. M. (2014). Cognitive impairment in individuals with insomnia: Clinical significance and correlates. *Sleep, 37*, 1787-1798.
19. Guay, B., & Morin, C. M. (2014). L'insomnie. Quoi de neuf dans le DSM-5? *Le Médecin du Québec, 49*, 33-37.
20. Harvey, A. G., Bélanger, L., Talbot, L., Eidelman, P., Beaulieu-Bonneau, S., Fortier-Brochu, E., Ivers, H., Lamy, M., Hein, K., Soehner, A. M., Mérette, C., & Morin, C. M. (2014). Comparative efficacy of behavior therapy, cognitive therapy, and cognitive behavior therapy for chronic insomnia: A randomized controlled trial. *Journal of Consulting and Clinical Psychology, 82*, 670-683.
21. Jarrin, D. C., Chen, I. Y., Ivers, H., & Morin, C. M. (2014). The role of vulnerability in stress-related insomnia, social support and coping styles on incidence and persistence of insomnia. *Journal of Sleep Research, 23*, 681-688.
22. MacFarlane, J., Morin, C. M., Montplaisir, J. (2014). Hypnotics in insomnia: the experience of zolpidem. *Clinical Therapeutics, 36*, 1676-1701.
23. Miller, C. B., Espie, C. A., Epstein, D. R., Friedman, L., Morin, C. M., Pigeon, W. R., Spielman, A. J., & Kyle, S. D. (2014). The evidence base of sleep restriction therapy for treating insomnia disorder. *Sleep Medicine Reviews, 18*, 415-424.

24. Moreau, V., Rouleau, N., & Morin, C. M. (2014). Sleep of children with attention deficit hyperactivity disorder: Actigraphic and parental reports. *Behavioral Sleep Medicine, 12*, 69-83.
25. Morin, C. M., Beaulieu-Bonneau, S., Ivers, H., Vallières, A., Guay, B., Savard, J., & Mérette, C. (2014). Speed and trajectory of changes of insomnia symptoms during acute treatment with cognitive-behavioral therapy, singly and combined with medication. *Sleep Medicine, 15*, 701-707.
26. Morin, C. M., LeBlanc, M., Ivers, H., Bélanger, L., Mérette, C., Savard, J., & Jarrin, D. C. (2014). Monthly fluctuations of insomnia symptoms in a population-based sample. *Sleep, 37*, 319-326.
27. Savard, J., Ivers, H., Savard, M. H., & Morin, C. M. (2014). Is a video-based cognitive behavioral therapy for insomnia as efficacious as a professionally administered treatment in breast cancer? Results of a randomized controlled trial. *Sleep, 37*, 1305-1314.
28. Vallières, A., Azaiez, A., Moreau, V., LeBlanc, M., & Morin, C. M. (2014). Insomnia in shift work. *Sleep Medicine, 15*, 1440-1448.
29. Bastien, C. H., Turcotte, I., St-Jean, G., Morin, C. M., & Carrier, J. (2013). Information processing varies between insomnia types: Measures of N1 and P2 during the night. *Behavioral Sleep Medicine, 11*, 56-72.
30. Gagnon, C., Bélanger, L., Ivers, H., & Morin, C. M. (2013). Validation of the Insomnia Severity Index in primary care. *Journal of the American Board of Family Medicine, 26*, 701-710.
31. Harvey, A. G., Soehner, A., Lombrozo, T., Bélanger, L., Rifkin, J., & Morin, C. M. (2013). 'Folk theories' about the causes of insomnia. *Cognitive therapy and research, 37*, 1048-1057.
32. Moreau, V., Rouleau, N., & Morin, C. M. (2013). Sleep, attention, and executive functioning in children with Attention-Deficit/Hyperactivity Disorder. *Archives of Clinical Neuropsychology, 28*, 692-699.
33. Morin, C. M., & Jarrin, D. C. (2013). Epidemiology of insomnia: Prevalence, course, risk factors, and public health burden. *Sleep Medicine Clinics, 8*, 281-297.
34. Morin, C. M., & Jarrin, D. C. (2013). Insomnia and healthcare-seeking behaviors: Impact of case definitions, comorbidity, sociodemographic, and cultural factors. *Sleep Medicine, 14*, 808-809.
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36. Thorndike, F. P., Ritterband, L. M., Gonder-Frederick, L. A., Lord, H. R., Ingersoll, K. L., & Morin, C. M. (2013). A randomized controlled trial of an Internet intervention for adults with insomnia: Effects on comorbid psychological and fatigue symptoms. *Journal of Clinical Psychology, 69*, 1078-1093.
37. Beaulieu-Bonneau, S., & Morin, C. M. (2012). Sleepiness and fatigue following traumatic brain injury. *Sleep Medicine, 13*, 598-605.
38. Bélanger, L., LeBlanc, M., & Morin, C. M. (2012). Cognitive behavioral therapy for insomnia in older adults. *Cognitive and Behavioral Practice, 19*, 101-115.
39. Boisvert, J.-M., Ladouceur, R., Loranger, M., Morin, C. M., Pépin, M., Provencher, M. D., & Savard, J. (2012). Le transfert des connaissances et la mise en application des traitements psychologiques appuyés empiriquement. *Revue Francophone de Clinique Comportementale et Cognitive, 17*, 19-32.

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41. Fortier-Brochu, É., Beaulieu-Bonneau, S., Ivers, H., & Morin, C. M. (2012). Insomnia and daytime cognitive performance: A meta-analysis. *Sleep Medicine Reviews, 16*, 83-94.
42. Léger, D., Morin, C. M., Uchiyama, M., Hakimi, Z., Cure, S., & Walsh, J. (2012). Chronic insomnia, quality-of-life and utility scores: Comparison with good sleepers in a cross-sectional international survey. *Sleep Medicine, 13*, 43-51.
43. Morin, C. M. (2012). [Guest Editorial] Definition of acute insomnia: Diagnostic and treatment implications. *Sleep Medicine Reviews, 16*, 3-4.
44. Morin, C. M., & Benca, R. (2012). Chronic insomnia. *The Lancet, 379*, 1129-1141.
45. Ohayon, M. M., Riemann, D., Morin, C. M., & Reynolds, C. F. III. (2012). Hierarchy of insomnia criteria based on daytime consequences. *Sleep Medicine, 13*, 52-57.
46. Forget, D., Morin, C. M., & Bastien, C. H. (2011). The role of the spontaneous and evoked K-Complex in individuals with primary insomnia and good sleeper controls. *Sleep, 34*, 1251-1260.
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48. Morin, C. M., LeBlanc, M., Bélanger, L., Ivers, H., Mérette, C., & Savard, J. (2011). Prevalence of insomnia and its treatment in Canada. *The Canadian Journal of Psychiatry / La Revue canadienne de psychiatrie, 56*, 540-548.
49. Riemann, D., Morin, C. M., & Reynolds, C. F. (2011). Das Kapitel Schlafstörungen im DSM-V – ein Zwischenbericht (Sleep Disorders in DSM-V – An Interim Report). *Zeitschrift für Psychiatrie, Psychologie und Psychotherapie, 59*, 275–280.
50. Savard, J., Ivers, H., Villa, J., Caplette-Gingras, A., & Morin, C. M. (2011). Natural course of insomnia comorbid with cancer: An 18-month longitudinal study. *Journal of Clinical Oncology, 29*, 3590-3596.
51. Savard, J., Villa, J., Simard, S., Ivers, H., & Morin, C. M. (2011). Feasibility of a self-help program for insomnia comorbid with cancer. *Psycho-Oncology, 20*, 1013-1019.
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53. Vallières, A., Ivers, H., Beaulieu-Bonneau, S., & Morin, C. M. (2011). Predictability of sleep in patients with insomnia. *Sleep, 34*, 609-617.
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55. Carney, C. E., Edinger, J. D., Morin, C. M., Manber, R., Rybarcyk, B., Stepanski, E., Wright, H., & Lack, L. (2010). Examining maladaptive beliefs about sleep across insomnia patient groups. *Journal of Psychosomatic Research, 68*, 57-65.
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- for persistent insomnia. *Journal of the American Medical Association*, 301, 2005-2015.
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3. Morin, C. M., & Edinger, J. D. (2014). Sleep-wake disorders. In T. Millon, P. H. Blaney, & R. D. Davis (Eds.), *Oxford textbook of psychopathology* (3rd ed., pp. 566-588). New York: Oxford University Press.
 4. Dauvilliers, Y., & Morin, C. M. (2013). Heritability and genetic factors in chronic insomnia. In P. Shaw, M. Tafti, & M. Thorpy (Eds.), *The genetic basis of sleep and sleep disorders* (pp. 227-234). Cambridge, UK: Cambridge University Press.
 5. Morin, C. M., Fortier-Brochu, E., & Beaulieu-Bonneau, S. (2013). Sommeil et insomnie: Mythes et réalités. In S. Grondin (Ed.), *La psychologie au quotidien* (pp. 121-149). Québec: Presses de l'Université Laval.
 6. Morin, C. M., Savard, J., & Ouellet, M-C. (2013). Nature and treatment of insomnia. In A. M. Nezu, C. M. Nezu, & P. A. Geller (Eds.), *Handbook of psychology: Health Psychology* (Vol. 9, 2nd ed., pp. 318-339). New York: John Wiley & Sons.
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 8. Edinger, J. D., & Morin, C. M. (2012). Sleep disorders classification and diagnosis. In C. M. Morin, & C. A. Espie (Eds.), *Oxford handbook of sleep and sleep disorders* (pp. 361-382). New York: Oxford University Press.
 9. Espie, C. A., & Morin, C. M. (2012). Historical landmarks and current status of sleep research and practice. In C. M. Morin, & C. A. Espie (Eds.), *Oxford handbook of sleep and sleep disorders* (pp. 1-7). New York: Oxford University Press.
 10. Morin, C. M., & Espie, C. A. (2012). Overview, emerging trends, and future directions in sleep research and practice. In C. M. Morin, & C. A. Espie (Eds.), *Oxford handbook of sleep and sleep disorders* (pp. 864-870). New York: Oxford University Press.
 11. Ouellet, M.-C., Beaulieu-Bonneau, S., & Morin, C. M. (2012). Sleep-wake disturbances. In N. D. Zasler, D. I. Katz, & R. D. Zafonte (Eds.), *Brain Injury Medicine* (2nd ed., pp.707-725). New York: Demos Medical Publishing.
 12. Ouellet, M-C., Beaulieu-Bonneau, S., & Morin, C. M. (2012). Sleep-wake disturbance and fatigue in individuals with traumatic brain injury. In C. M. Morin, & C. A. Espie (Eds.), *Oxford handbook of sleep and sleep disorders* (pp. 820-845). New York: Oxford University Press.
 13. Morin, C. M. (2011). Psychological and behavioral treatments for insomnia I: Approaches and efficacy. In M.R. Kryger, T. Roth, & W.C. Dement (Eds.), *Principles and practice of sleep medicine*, (5th ed., pp. 866-883). Philadelphia, PA: Elsevier Saunders.
 14. Morin, C. M., & Benca, R. M. (2011). Insomnia: Nature, diagnosis, and treatment. In S. Chokroverty, & P. Montagna (Eds.), *Handbook of clinical neurology* (3rd ed., pp. 723-746). Philadelphia, PA: Elsevier.
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 17. Ouellet, M-C., Beaulieu-Bonneau, S., & Morin, C. M. (2010). Sleep following traumatic

- brain injury. In S. R. Pandi-Perumal, & M. Kramer (Eds.), *Sleep and mental illness* (pp. 353-367). Cambridge, UK: Cambridge University Press.
18. Savard, J., Savard, M. H., & Morin, C. M. (2010). Insomnia. In M. M. Antony, & D.H. Barlow (Eds.), *Handbook of assessment and treatment planning for psychological disorders* (2nd ed., pp. 633-669). New York: The Guilford Press.
 19. Lavigne, G., & Morin, C. M., & Carra, M. C. (2009). The nature of sleep. In G. Lavigne, P.A. Cistulli, & M. T. Smith (Eds.), *Sleep medicine for dentists: A practical overview* (pp. 3-10). Chicago, IL: Quintessence.
 20. Morin, C. M. (2009). Foreword. *The Insomnia Workbook* (by S. Silberman). Oakland, CA: New Harbinger Press.
 21. Morin, C. M., & Bélanger, L. (2009). Cognitive-behavioral treatment of insomnia in older adults. In A. Avidan, & C. Alessi (Eds.), *Geriatric sleep medicine* (pp. 127-139). New York: Informa Healthcare.
 22. Morin, C. M., & Benca, R. M. (2009). Nature and treatment of insomnia. In S. Chokroverty (Ed.), *Sleep disorders medicine: Basic science, technical considerations, and clinical aspects* (3rd ed., pp. 361-376). Philadelphia, PA: Elsevier.
 23. Morin, C. M., & Edinger, J. D. (2008). Sleep/wake disorders. In T. Millon, P. H. Blaney, & R. D. Davis (Eds.), *Oxford textbook of psychopathology* (2nd ed., pp. 506-526). New York: Oxford University Press.
 24. Daley, M., Beaulieu-Bonneau, S., & Morin, C. M. (2007). Public health impact of insomnia and low cost behavioral interventions. In D. Léger, & S. R. Pandi-Perumal (Eds.), *Sleep disorders: Their impact on public health* (pp. 155-174). Boca Raton, FL: Taylor & Francis.
 25. Morin, C. M., & Edinger, J. D. (2007). Sleep disorders : Evaluation and diagnosis. In M. Hersen, S. M. Turner, & D.C. Beidel (Eds.), *Adult psychopathology and diagnosis*. (5th ed., pp. 601-632). New York: John Wiley & Sons.
 26. Moul, D. E., Morin, C. M., Buysse, D. J., Reynolds, C. F., & Kupfer, D. J. (2007). Treatments for insomnia and restless legs syndrome. In P. E. Nathan, & J.M. Gorman (Eds.), *A guide to treatments that work* (3rd ed., pp. 611-640). New York: Oxford University Press.
 27. Morin, C. M. (2006). Behavioral treatment of persistent insomnia. In J.A. Trafton, & W.P. Gordon (Eds.), *Best practices in the behavioral management of chronic disease* (Vol. I, Neuropsychiatric disorders, pp. 413-429). Los Altos, CA: Institute for Disease Management.
 28. Savard, J., Simard, S., & Morin, C. M. (2006). Insomnia. In A.V. Nikcevic, A.R. Kuczmierczyk, & M. Bruch (Eds.), *Formulation and treatment in clinical health psychology* (pp. 61-85). London: Routledge.
 29. Bastien, C., Ouellet, M-C., Fortier-Brochu, E., & Morin, C. M. (2005). Primary insomnia. In C. Guilleminault (Ed.), *Sleep and its disorders: Handbook of clinical neurophysiology* (Vol., 6, pp. 305-315). Philadelphia, PA: Elsevier.
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 31. Morin, C. M., Davidson, J. R., & Savard, J. (2005). Behavioral treatment of insomnia. In M. Hersen (Ed.), *Encyclopedia of behavior modification and therapy*. (Vol. 1, pp. 160-164). Thousand Oak, CA: Sage Publications.
 32. Morin, C. M., LeBlanc, M., & Daley, M. (2005). Sleep restriction as therapy for insomnia. In C.A. Kushida (Ed.), *Sleep deprivation Clinical issues, pharmacology, and sleep loss effects* (pp. 475-483). New York, NY: Marcel Dekker, Inc.

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34. Buysse, D. J., & Morin, C. M. (2003). Hypnotics. In M. Aminoff, & R. Daroff (Eds.) *Encyclopedia of neurological sciences* (Vol. 2, pp. 612-614). San Diego: Academic Press.
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37. Morin, C. M., & Buysse, D. J. (2003). Behavioral treatment for insomnia. In M. Aminoff, & R. Daroff (Eds.) *Encyclopedia of neurological sciences* (Vol. 2, pp. 661-664). San Diego: Academic Press.
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40. Vallières, A., Ouellet, M-C., & Morin, C. M. (2002). Self-help treatment for insomnia. In M. Hersen (Ed.), *Encyclopedia of psychotherapy*, (Vol 2, pp. 607-613). New York: Academic Press.
41. Savard, J., & Morin, C. M. (2002). Insomnia. In M. M. Antony, & D.H. Barlow (Eds.), *Handbook of assessment and treatment planning for psychological disorders* (pp. 523-555). New York: The Guilford Press.
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43. Buysse, D. J., Morin, C. M., & Reynolds, C. F. (2001). Sleep disorders. In Gabbard, G. O. (Editor-in-chief), *Treatments of psychiatric disorders*, (3rd ed., vol. 2, pp. 2371-2431). Washington, DC: American Psychiatric Press.
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45. Klip, E. C., & Morin, C. M. (2000). Sleep problems. In A. Kaptein, A. Appels, & K. Orth-Gomér (Eds.), *Psychology in medicine*, (pp. 188-203). Philadelphia: Lippincott Raven.
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49. Morin, C. M., Savard, J., & Blais, F. (2000). Cognitive therapy of late-life insomnia. In K. Lichstein, & C. M. Morin (Eds.), *Treatment of late-life insomnia* (pp. 207-230). Oakland, CA: Sage Publications.
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52. Nowell, P. D., Buysse, D. J., Morin, C. M., Reynolds, C. F., & Kupfer, D. J. (1998). Effective treatments for selected sleep disorders. In P. E. Nathan, & J. Gorman (Eds.), *A guide to treatments that work* (pp. 531-543). New York: Oxford University Press.
53. Morin, C. M., & Edinger, J. D. (1997). Sleep disorders: Evaluation and diagnosis. In S. M. Turner, & M. Hersen (Eds.), *Adult Psychopathology and Diagnosis* (3rd ed., pp. 483-507). New York: John Wiley and Sons.
54. Ware, J. C., & Morin, C. M. (1997). Sleep in depression and anxiety. In M. R. Pressman, & W. C. Orr (Eds.), *Understanding sleep : The evaluation and treatment of sleep disorders* (pp. 483-503). Washington, DC: American Psychological Association.
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58. Morin, C. M., & Colecchi, C. (1994). Clinical guidelines for the treatment of insomnia. In L. VandeCreek, S. Knapp, & T. L. Jackson (Eds.), *Innovations in Clinical Practice: A Source Book* (vol. 13, pp. 179-195). Sarasota, FL: Professional Resource Exchange.
59. Morin, C. M. (1990). The healing power of sleep. In J. A. Graham, & L. Wallace (Eds.), *The Complete Mind and Body Book* (pp. 54-59). New York: Simon and Schuster.
60. Morin, C. M., & Gramling, S. (1990). Sleep and chronic pain. In E. M. Catalano, *Getting to Sleep* (pp. 159-185). Oakland, CA: New Harbinger Press.

INVITED WORKSHOP AND COURSE PRESENTATIONS (National and International)

World Congress of Neurology, Santiago, Chile (2015)

World Congress of the World Sleep Federation, Istanbul, Turkey (2015)

Canadian Sleep Society, Toronto, Canada (2015)

Colloque Francophone de Pratiques en Thérapie Comportementale et Cognitive, Lyon, France (2015)

World Association of Sleep Medicine, Seoul, Korea (2015)

Applications de la thérapie cognitive-comportementale en contexte de comorbidité. Journée de formation continue, Québec, Canada. (2015)

Association pour l'Étude, Modification et Thérapie du Comportement, Liège, Belgium (2013)

European Association of Behavioural and Cognitive Therapies, Marrakech, Morocco (2013)
 World Association of Sleep Medicine, Valencia, Spain (2013)
 World Congress of Behavioral and Cognitive Therapies, Lima, Peru (2013)
 European Association of Behavioural and Cognitive Therapies, Geneva, Switzerland (2012)
 Université de Liège, Liège, Belgium (2012, 2013)
 Korean Society of Sleep Medicine, Seoul, South Korea (2009)
 The Chinese University of Hong Kong, Dept. of Psychiatry/Pediatric, Hong Kong, China (2008)
 Association de thérapie comportementale, Bordeaux, France (2008)
 Brazilian Sleep Congress, Fortaleza, Brazil (2007)
 World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain (2007)
 Université de Genève/Association Suisse de Psychothérapie Cognitive, Genève, Suisse (2007, 2009)
 Taiwan Clinical Psychology Association, Taina, Taiwan (2007)
 Institut Romande de Formation en Médecine Psychosomatique/Psychosociale, Suisse (2007)
 World Association of Sleep Medicine, Berlin, Germany (2005), Bangkok, Thailand (2007)
 Portugese Sleep Association, Sesimbra, Portugal (2006)
 Association for Advancement of Behavioral and Cognitive Therapies, Chicago (2006)
 American Academy of Sleep Medicine, San Diego, CA (2006)
 Association Suisse de Psychothérapie Cognitive, Genève, Suisse (2003, 2005)
 Institute of Cognitive and Behavioral Therapies, Padova, Italy (2001).
 Association Française de Thérapie Comportementale, Brest, France (2001).
 Latin American Sleep Congress, Sao Paulo, Brazil (2000).
 Société Française de Recherche sur le Sommeil, Montpellier, France (2000).
 Association Française de Thérapie Comportementale et Cognitive, Paris (1996).
 Ontario Psychological Association, Toronto, (1996).
 World Federation of Sleep Research Societies, Nassau, Bahamas (1995).
 World Congress of Behavioral and Cognitive Therapies: Copenhagen, Denmark (1995).
 Association for Advancement of Behavior Therapy (AABT): Boston (1992); Atlanta (1993); San Diego (1994); New Orleans (2000).
 American Sleep Disorders Association: Phoenix (1992); Boston, (1994).
 American Psychological Association: Washington, DC (1992).
 Virginia Academy of Clinical Psychologists, Roanoke, VA (1992).
 American Society of Addictive Medicine, Boston (1991).
 European Association of Behaviour Therapy, Paris, France (1990); Oslo, Norway (1991).
 International Congress of Behavioral Medicine, Uppsala, Sweden (1990).
 Society of Behavioral Medicine: Boston (1988); San Francisco (1989); Chicago (1990).
 World Congress of Behaviour Therapy: Edinburg, Scotland (1988).

INVITED LECTURES AND KEYNOTE ADDRESSES

Associated Professional Sleep Societies, Denver, USA (2016)
 World Congress of the World Sleep Federation, Istanbul, Turkey (2015)
 Colombian Sleep Society, Bogota, Columbia (2015)
 Colloque Francophone de Pratiques en Thérapie Comportementale et Cognitive, Lyon, France (2015)
 Université de Montréal, Montreal, Canada (2015)

Oxford University, Sleep and Circadian Neuroscience Institute, United Kingdom (2014)
The Royal Society of Medicine, London, United Kingdom (2014)
University of Pittsburgh School of Medicine, Department of Psychiatry, Pittsburgh (2014)
Association pour l'Étude, Modification et Thérapie du Comportement, Liège, Belgium (2013)
Australasian Sleep Association, Brisbane, Australia (2013)
European Association of Behavioural and Cognitive Therapies, Marrakech, Morocco (2013)
Institut national de la santé et de la recherche médicale (INSERM), Montpellier, France (2013)
Concordia University, Center for Studies in Behavioural Neurobiology, Montreal (2013)
University of Washington, Center for Management of Sleep Disorders, Seattle (2013)
Harvard Medical School, Brigham and Women's Hospital, Boston (2012)
European Sleep Research Society, Paris (2012)
European Association of Behavioural and Cognitive Therapies, Geneva (2012)
University of Toronto, Toronto Western Hospital, (2012; 2014)
Mexican Society for Sleep Research and Medicine, Mexico City (2011)
Stanford University, Department of Psychiatry, Palo Alto, CA (2011)
World Congress of Behavioral and Cognitive Therapies, Boston (2010)
Montreal General Hospital (McGill University), Dept of Internal Medicine (2010)
University of Ottawa, School of Psychology (2010)
Korean Society of Sleep Medicine, Seoul, South Korea (2009)
Canadian Psychological Association, Montreal, Canada (2009)
Behavioral Sleep Medicine Consensus Conference, Ponte Vedra Beach, Florida (2009)
Hôpitaux Universitaires de Genève, Dept. of Psychiatry, Geneva, Switzerland (2009)
The Chinese University of Hong Kong, Hong Kong, China (2008)
Hoffmann-La Roche Ltd, Buonas, Switzerland (2008)
Brazilian Sleep Congress, Fontalesa, Brazil (2007)
Société Française de Recherche sur le Sommeil, Nantes, France (2007)
World Congress of Behavioral and Cognitive Therapies, Barcelona, Spain (2007)
Taiwan Society of Sleep Medicine, Taipei, Taiwan (2007)
Taiwan Clinical Psychology Association (2007)
World Association of Sleep Medicine, Bangkok, Thailand (2007)
Canadian Sleep Society, Montréal, Canada (2007); Toronto, Canada (2009)
Novasoutheastern University, Center for Psychological Studies, Ft. Lauderdale, Florida (2007)
University of Michigan, Dept. of Psychiatry and Neurology (2007)
University of Washington, Dept. of Psychiatry, Seattle, Washington (2006)
Seattle Veterans Administration Medical Center, Seattle, Washington (2006)
University of Bergen, Dept. of Psychology, Bergen, Norway (2006)
Portugese Sleep Association, Sesimbra, Portugal (2006)
Institute of Longevity, Sleep and Healthy Aging, Harvard Club, New York (2005)
American Academy of Sleep Medicine/Sleep Research Society, Philadelphia (2005)
Spanish Neurological Society, Barcelona, Spain (2004)
Medical College of Virginia, Dept. of Psychiatry, Richmond, Virginia (2003)
Hôpital de l'Enfant-Jésus, Dept. of Pharmacy, Québec (2003)
Swedish Society of Medicine/Royal Society of Medicine, Stockholm, Sweden (2002)
University of Luebeck, Department of Psychiatry and Psychotherapy, Luebeck, Germany (2002)
Nova Scotia Hospital, Department of Psychiatry, Halifax (2002)

Iberic Association of Sleep Pathology, Porto, Portugal (2001)
Univeristé de Montpellier/Hôpital Gui-deChauliac, Dépt. Neurologie, Montpellier, France (2001)
University of Bologna/Italian Sleep Medicine Association, Bertinoro, Italy (2001)
5^e Journée internationale des troubles du sommeil, Bordeaux, France (2001)
Centre hospitalier universitaire de Caen, Département de Pneumologie, Caen, France (2001)
University of Glasgow, Dept. of Psychological Medicine, Glasgow, Scotland (2001)
University of Padova, Dept. of Psychology, Padova, Italy (2001)
2nd International Symposium on Sleep and Epilepsy, Kempenhaeghe, The Netherlands (2001)
University of Athens, Department of Psychiatry, Greece (2000)
Université de Sherbrooke, Centre de recherche en gérontologie et gériatrie, Sherbrooke (1999)
Association canadienne de gérontologie, Montreal, Quebec (1999)
McGill University, Department of Psychiatry, Montreal, Quebec (1999)
University of South Florida, College of Medicine, Tampa, Florida (1998)
University of Manitoba, Department of Clinical Health Psychology, Winnipeg (1998)
Belgian Association for the Study of Sleep, Brussels, Belgium (1997)
Alaska Thoracic Association, Anchorage, Alaska (1997)
Charter Northside Hospital, Anchorage, Alaska (1997)
Hôpital Hôtel-Dieu de Québec, Quebec (1997)
Centre Hospitalier de l'Université Laval, Quebec (1997)
Queen's University, Kingston, Ontario (1997)
Toronto Western Hospital, Ontario (1996)
University of Rome La Sapienza, Rome (1996)
Hôpital Saint-François d'Assise, Unité de médecine familiale (1996)
Centre Hospitalier de l'Université Laval, Psychiatry (1996)
European Sleep Research Society, Brussels, Belgium (1996)
Rush Presbyterian St-Luke's Medical Center, Chicago (1996)
Andrews Air Force Base, Washington, DC (1996)
Hôpital Cité de la Santé, Laval, Quebec (1995)
Northern Sleep Society, Johns Hopkins University, Baltimore, MD (1995)
Southern Illinois University School of Medicine, Springfield, IL (1995)
Stanford School of Sleep Medicine, Stanford, CA (1993; 1994; 1995)
Southern Medical Association, Orlando, FL (1994)
McDonald Army Hospital, Fort Eustis, VA (1994)
Wilford Hall Medical Center, San Antonio, TX (1994)
University of New Brunswick, Fredericton, NB, Canada (1993)
Richmond Memorial Hospital, Richmond, VA (1993)
John Randolph Hospital, Hopewell, VA (1993)
Mary Washington Hospital, Fredericksburg, VA (1993)
Riverside Walter Reed Hospital, Gloucester, VA (1993)
Hopital Louis-H. Lafontaine, Montreal, Quebec, Canada (1993)
Eastern Virginia Medical School, Dept. of Psychiatry, Norfolk, VA (1992)
Poplar Springs Hospital, Petersburg, VA (1992)
Université de Montréal, Dept. of Psychology, Montreal, Quebec, Canada (1991)
Darmouth Psychiatric Hospital, Dayton, OH (1991)
Veterans Administration Medical Center, Dept. of Geriatric Medicine, Richmond, VA (1989)
Université du Québec à Montréal, Dept. of Psychology, Montreal, Quebec, Canada (1989)

Virginia Commonwealth University, Dept of Psychology (1987-88-90), Anesthesiology (1989)
 University of Virginia Medical School, Dept. of Psychiatry, Charlottesville, VA (1988)
 Modesto Psychiatric Center, Modesto, CA (1987)
 University of Richmond, Dept. of Psychology, Richmond, VA (1987)
 University of Calgary, Dept. Of Psychology, Calgary, Alberta, Canada (1986)
 Veterans Administration Medical Center, Dept. of Geriatric Medicine, Jackson, MS (1986)

LAY PUBLIC / COMMUNITY CONFERENCES

Montmartre Canadien, Conférence offerte aux personnes âgées (October 2015)
 Communauté de l'Ancienne-Lorette (October 2015)
 Association des diplômés de l'Université Laval (April 2015)
 Institut universitaire en santé mentale de Québec (March 2015)
 Association des retraités de l'Université Laval (March 2015)
 Organisme La Boussole, Aide aux proches d'une personne atteinte de maladie mentale (November 2014)

PUBLIC MEDIA PRESENTATIONS (Selected - Sleep Disorders/Insomnia)

Feature Stories in Printed Media: Richmond Times-Dispatch, 2/89; 8/92; 12/92; Associated Press, 1/90; Richmond News Leader, 6/90; New York Times, 8/92; American Health, 12/92; Glamour, 4/93; Boston Globe, 4/93; Woman's Day 4/94; Prevention, 7/94; Health, 12/94; Red Book; Working Woman, 4/95; Associated Press, 5/95; Consumer Reports, 2/96; Le Soleil, 3/96; McCall's, 4/96; Self, 4/96; Toronto Sun, 7/96; La Presse, 2/97; L'Actualité, 4/97; Readers Digest; The Gazette, 7/97; Science News, Medical Post, Actualité Médicale, Harvard Health Letter, National Post, Associated Press, United Press International, Pittsburgh Post Gazette, Toronto Starr, Times Magazine, Medical Tribune, USA Today, New York Times, 3/99; New York Times Magazine, 11/07; Le Devoir, 01/09; Le Soleil, La Presse, Le Devoir, New York Times, 05/09.

T.V. Guest Speaker/News/Video Appearances: BLAB-TV, Richmond, Pharmacy Line, 4/90; Medstar Communications, Orlando, FL (1991), Ivanhoe Telecommunications, Reading PA (1991); Société Radio Canada, Enjeux, 9/91; Réseau TVA, Première Ligne, 6/95; Time Life Medical, 10/95; CTV, Toronto, 8/96; Réseau TVA, Mongrain, 6/96; Salut Bonjour, 3/97, Québec à la Une, 4/97, Un jour à la fois, 4/97, Claire Lamarche, 4/99; CTV News, Toronto; CBS Today's Health and Evening News, CNN; ORS TV, Vienna, Austria; Radio Canada, Téléjournal, Ce Soir, 3/99; Réseau de l'information (RDI), Dominique Poirier en Direct, 4/07; The National (CBC); 24/60, Anne-Marie Dusseault (RDI), 01/09.

Radio Guest Speaker: WINZ-AM, Miami, FL; WDYL-FM, Richmond, VA; Virginia News Network, 6/90; WRVA-AM, Richmond, VA, 5/94; WRC-AM, Washington, DC., 8/92; CFPL-AM, London, Ontario, 4/93; CBC-AM, Ottawa, 9/94; CBC-FM, Montreal, 4/95; CBC, Montreal, 7/96; CFAX, Victoria, BC, 8/96; Radio Suisse-Romande, Radio-Canada, CBC Radio, Associated Press, Radio Singapoure (05/09), and many more.

ORAL PRESENTATIONS (Symposia, Discussion Group, Round Table)

1. Morin, C. M. (2016, June). Conversations with Experts. Associated Professional Sleep Societies, Denver, USA.
2. Morin, C. M. (2015, November). Behavioral and pharmacological therapy of insomnia. In L. Serra & C. Trenkwalder (Co-Chairs). Sleep Disorders – Treatment of sleep disorders. Symposium presented at *World Congress of Neurology*, Santiago, Chile.
3. Morin, C. M., & Yurcheshen, M. (Co-Chairs). (2015, June). Associations with poor sleep quality. Symposium presented at *Associated Professional Sleep Societies*, Seattle, USA.
4. Morin, C. M. (2015, May) Relations entre insomnie et troubles psychiatriques. In M. Freston (Chair). Processus et facteurs psychologiques influençant le traitement de troubles anxieux, de l'humeur et du sommeil. Symposium presented at *Colloque Francophone de Pratiques en Thérapie Comportementale et Cognitive*, Lyon, France.
5. Morin, C. M. (2015, March). Natural history and moderating factors of the long-term course of insomnia. In C. M. Morin (Chair). The natural history of insomnia: Course, long-term consequences, and public health significance. Symposium presented at the *World Association of Sleep Medicine*, Seoul, Korea.
6. Morin, C. M. (2015, March). Treatment of insomnia comorbid with psychiatric disorders: Anxiety and depression. In S. C. Hong (Chair). Psychiatry and sleep. Symposium presented at the *World Association of Sleep Medicine*, Seoul, Korea.
7. Morin, C. M. (2015, March). Current Status and Future Trends of CBT-I. In T. Shimizu and S. B. Hong (Co-Chairs). Current status and future perspective of insomnia. Symposium presented at the *World Association of Sleep Medicine*, Seoul, Korea.
8. Morin, C. M. (2014, June). International implementation of an Internet intervention for insomnia. In L. Ritterband (Chair; Discussion Group). *Associated Professional Sleep Societies*, Minneapolis, MN.
9. Morin, C. M. (2014, May). Psychological treatment of insomnia: New developments in treatment dissemination. In A. A. Prather (Symposium Chair), The science of sleep: From brain to bedside and beyond. *Association for Psychological Science*, San Francisco, CA.
10. Espie, C., Edinger, J., Lack, L., Morin, C. M., O'Hara, R., Thorpy, M., Spiegelhalter, K., & Someren, E. V. (2013, September). Recent updates in the diagnosis of insomnia – DSM5 and ICSD-3: Implications for research and clinical practice. In C. M. Morin and J. Edinger (Co-chairs). Discussion Symposium presented at the *World Association of Sleep Medicine*, Valencia, Spain.
11. Morin, C. M., Ritterband, L., Thorndike, F., Gonder-Frederick, L., & Ingersoll, K. (2013, September). Internet-delivered CBT for insomnia. In C. M. Morin and Y. K. Wing (Co-chairs, Symposium), Cognitive behavioral therapy for insomnia: Knowledge transfer and treatment dissemination. *World Association of Sleep Medicine*, Valencia, Spain.
12. Savard, J., Ivers, H., Savard, M.-H., Villa, J., & Morin, C. M. (2013, September). Efficacy of a video-based CBT for insomnia in cancer patients. In C. M. Morin and Y. K. Wing (Co-chairs, Symposium), *Cognitive behavioral therapy for insomnia: Knowledge transfer and treatment dissemination*. *World Association of Sleep Medicine*, Valencia, Spain.
13. Morin, C. M. (2013, September). Approches thérapeutiques combinées de l'insomnie chronique: Valeur ajoutée de la médication? In M. D. Provencher (Chair, Symposium), Tous à bord du Trans-Canada Express. *European Association of Behavioural and Cognitive Therapies*, Marrakech, Morocco.

14. Morin, C.M. (2013, July). Discussant in V. Kaldo (Chair, Symposium), CBT for insomnia: What could make it even more effective and available to more patients? *World Congress of Behavioral and Cognitive Therapies*, Lima, Peru.
15. Edinger, J., & Morin, C. M. (2013, June). Paper presented in M. Sateia (Chair), Case studies in the application of ICSD-3. *Association of Professional Sleep Societies*, Baltimore, MD.
16. Morin, C.M. (2013, May). Insomnia disorder: Diagnostic updates and implications for treatment. Paper presented in C. F. Reynolds and R. O'Hara (Chairs), Sleep-wake disorders in psychiatric practice: Guidance from DSM-5. Symposium presented at the *American Psychiatric Association meeting*, San Francisco, CA.
17. Morin, C. M. (2012, November). Discussant in K. A. Roecklein (Chair), Integrating cognitive and behavioral factors to understand sleep in those with insomnia and comorbid disorders. Symposium presented at the *Association of Behavioral and Cognitive Therapies*, Washington, D.C.
18. Morin, C. M., Ritterband, L., Thorndike, F., Gonder-Frederick, L., Lord, H., Maynard, R., & Ingersoll, K. (2012, November). Internet-delivered CBT for insomnia. Paper presented in K. Lichstein (Chair), Innovative dissemination strategies for CBT for insomnia. Symposium presented at the *Association of Behavioral and Cognitive Therapies*, Washington, D.C.
19. Morin, C. M., Harvey, A., Bélanger, L., Beaulieu-Bonneau, S., Fortier-Brochu, É., Eidelman, P., & Talbot, L. (2012, June). Comparative efficacy of behavior therapy and cognitive therapy as single therapies for insomnia: A preliminary report. In A. Harvey (Symposium Chair), Updating the evidence base on insomnia treatment: Psychiatric comorbidity and beyond. *Associated Professional Sleep Societies*, Boston, MA.
20. Morin, C. M. (2012, June). Internet-based interventions and other self-help therapies for insomnia (Co-Chair, Discussion Group). *Associated Professional Sleep Societies*, Boston, MA.
21. Morin, C. M. (2011, November). Discussant in C. P. Fairholme (Chair), Perspectives on treating insomnia in the context of comorbid disorders. Symposium presented at the *Association of Behavioral and Cognitive Therapies*, Toronto, Canada.
22. Morin, C. M. (2011, November). Behavioral interventions for insomnia in the elderly. In R. O'Hara & A. Spira, Sleep and psychiatric disorders in late-life: Implications for diagnosis and treatment. *International College of Geriatric Psychoneuropharmacology*, University of California, Irvine, CA.
23. Morin, C. M. (2011, October). Combined medication and cognitive behavioral therapy in the management of insomnia. In M. Uchiyama, Desirable and proper hypnotic drug treatment. *Japanese Society of Sleep Research*, Kyoto, Japan.
24. Morin, C. M. (2011, October). Natural history if insomnia: Factors moderating the course of insomnia over time. In M. Uchiyama & D. Leger, Impact of insomnia on human life. *Worldsleep2011*, PS-13-4.
25. Morin, C. M., LeBlanc, M., Ivers, H., Savard, J., Mérette, C., & Bélanger, L. (2011, September). The role of a family history as a risk factor for insomnia - A Longitudinal study. Symposium presented at *World Association of Sleep Medicine & Canadian Sleep Society*, Québec, Québec.
26. St-Amand, J., Provencher, M. D., & Morin, C. M. (2011, March). Perturbations du sommeil chez les patients bipolaires. Dans M. D. Provencher (Modérateur). Troubles de l'humeur: Innovations thérapeutiques et comorbidité. Symposium presented at the meeting of *Société québécoise pour la recherche en psychologie*, Québec, Québec.

27. Morin, C. M. (November, 2009). Can paradoxical insomnia be treated: The impact of CBT in changing sleep perception? Symposium presented at the *World Association of Sleep Medicine*, Sao Paulo, Brasil.
28. Morin, C. M. (2009, June). Refining diagnostic criteria of insomnia for DSM-V: Is there new scientific/clinical evidence. Discussion group (Co-Chair) presented at the meeting of the *Associated Professional Sleep Societies*, Seattle, WA.
29. Morin, C.M. (2009, June). Identifying sleep-interfering beliefs in the treatment of insomnia. In R. Garrison (Chair), Arousal-reducing and cognitive techniques in the treatment of insomnia. Clinical workshop presented at the meeting of the *Associated Professional Sleep Societies*, Seattle, WA.
30. Morin, C. M. (2008, June). How should we assess treatment outcome? Paper presented in J. E. Edinger (Chair), Recent efforts to improve and standardize insomnia diagnosis and assessment methods. Symposium presented at the meeting of the *Associated Professional Sleep Societies*, Baltimore, M.D.
31. Morin, C. M. (2008, March). La science dans les bras de Morphée: Physiologie du sommeil, impacts fonctionnels et options thérapeutiques. Discussant, (G. Belleville, Chair) of symposium presented at the meeting of the *Société Québécoise de recherche en psychologie*, Trois-Rivières, Canada.
32. Fortier-Brochu, É., Beaulieu-Bonneau, S., Ivers, H., & Morin, C. M. (2008, March). Insomnie et performance neuropsychologique: Une méta-analyse. Paper presented in G. Belleville (Chair), La science dans les bras de Morphée: Physiologie du sommeil, impacts fonctionnels et options thérapeutiques, Symposium presented at the meeting of the *Société Québécoise de recherche en psychologie*, Trois-Rivières, Canada.
33. Ouellet, M-C., & Morin, C. M. (2008, March). Fatigue et insomnie à la suite d'un traumatisme cranio-cérébral. Paper presented in M-C. Ouellet (Chair), Les conséquences psychologiques des traumatismes cranio-cérébraux: Des traumatismes qui affectent davantage que la cognition, Symposium presented at the meeting of the *Société Québécoise de recherche en psychologie*, Trois-Rivières, Canada.
34. Morin, C. M. (2007, November). Cognitive-behavioral therapy for insomnia: Recent advances and innovations. Invited lecture presented at the *Brazilian Sleep Congress*, Fortaleza, Brazil.
35. Morin, C. M. (2007, November). Natural history of insomnia. Paper presented in F. Aloe (Chair), Advances in the evaluation and treatment of insomnia, Symposium presented at the *Brazilian Sleep Congress*, Fortaleza, Brazil.
36. Carney, C. E., Edinger, J. D., Morin, C. M., Manber, R., Rybarczyk, B., Stepanski, E., Wright, H., & Lack, L. (2007, November). Applying cognitive concepts to clinical assessment of insomnia: Results from a cross-validation study. In J. Ong and R. Manber (Co-Chairs), Novel approaches to the assessment of insomnia, Symposium presented at the *Association for Behavioral and Cognitive Therapies*, Philadelphia, PA.
37. Morin, C. M. (2007, September). Stimulus control therapy for insomnia: Past, present, and future. In L. Lacks and A. Spielman (Co-Chairs), Panel discussion held at the meeting of the *World Federation of Sleep Research and Sleep Medicine Societies*, Cairns, Australia.
38. Lavigne, G., & Morin, C. M. (2007, September). Placebo effect and sleep: What do we learn from pain neurobiology? Symposium (Co-Chairs) presented at the meeting of the *World Federation of Sleep Research and Sleep Medicine Societies*, Cairns, Australia.

39. Morin, C. M. (2007, September). Cognitive-behavior therapy and medication for persistent insomnia. In C. A. Espie and D. Bartlett (Co-Chairs), Future perspectives in insomnia therapeutics: What treatment works best? Symposium presented at the meeting of the *World Federation of Sleep Research and Sleep Medicine Societies*, Cairns, Australia.
40. Morin, C. M. (2007, September). Multi-site clinical trials: Challenges and opportunities. Panel discussion organized by the Australasian Sleep Trials Network at the meeting of the *World Federation of Sleep Research and Sleep Medicine Societies*, Cairns, Australia.
41. Morin, C. M. (2007, April). Behavioral sleep medicine: An emerging subspecialty with new opportunities. Keynote address presented at the *Canadian Sleep Society meeting*, Montreal, Canada.
42. Morin, C. M. (2007, March). Behavioral and psychological approaches for the management of insomnia: Recent advances and innovations. Keynote address presented at the *Taiwan Society of Sleep Medicine*, Taipei, Taiwan.
43. Morin, C. M. (2007, March). Insomnia: Bridging the gaps between research evidence and clinical practice. Keynote address presented at the meeting of the *Taiwan Association of Clinical Psychology*, Tainan, Taiwan.
44. Morin, C. M., & Bjorvatn B. (Co-chairs) (2005, October). New developments in the treatment of sleep disturbances in the elderly. Symposium (Co-chair) presented at the *World Association of Sleep Medicine*, Berlin, Germany.
45. Morin, C.M. (2005, June). Efficacy of psychological and behavioral treatments for insomnia. Invited presentation at the *National Institutes of Health "State-of-the-Science Conference on the Manifestations and Management of Insomnia"*, Bethesda, MD.
46. Morin, C. M. (2004, June). Insomnia: Bridging the gaps from research evidence to clinical practice. Invited lecture. *Association of Professional Sleep Societies*, Philadelphia, PA.
47. Morin, C. M. (2004, May). L'insomnie et son traitement. (CME Program). *Canadian Sleep Society*, Québec City, Québec.
48. Morin, C. M. (2004, May). Treatment of insomnia with behavioral therapy and medication. (Symposium Chair) *Canadian Sleep Society*, Québec City, Québec.
49. Morin, C. M., Vallières, A., Guay, B., Aimé, A., Savard, J., Mérette, C., Bastien, C., Baillargeon, L., & Grégoire, J.P. (2003, November). Cognitive-behavior therapy, alone and combined with medication, for treating persistent insomnia. In T.A. Hart (Symposium Chair), Behavioral medicine: Research and treatment of medical populations. *Association for Advancement of Behavior Therapy*, Boston.
50. Blais, F. C., Mimeault, V., & Morin, C. M. (2003, November). Treatment of comorbid insomnia and generalized anxiety disorder. In W. Pigeon (Symposium Chair), Mechanisms of secondary insomnia and its treatment: Psychological conditions. *Association for Advancement of Behavior Therapy*, Boston.
51. Ouellet, M-C., & Morin, C. M. (2003, November). CBT for insomnia associated with traumatic brain injury. In C. Zayfert (Symposium Chair), Mechanisms of secondary insomnia and its treatment: Medical conditions. *Association for Advancement of Behavior Therapy*, Boston.
52. Morin, C. M. (2002, November). In A. Harvey (Symposium Chair), Recent advances in empirical research, psychological treatment, and service provision for chronic insomnia. *Association for Advancement for Behavior Therapy*. Reno, Nevada.

53. Morin, C. M. (2001, July). (Moderator), Treatment of insomnia: From research to clinical practice. Panel discussion presented at the *World Congress of Behavioral and Cognitive Therapies*, Vancouver, Canada.
54. Morin, C. M. (2001, July). Treatment of late-life insomnia. In A. Steffen (Chair), Behavioral and cognitive-behavioral interventions with older adults: Emerging practices and challenges. Clinical roundtable presented at the *World Congress of Behavioral and Cognitive Therapies*, Vancouver, Canada.
55. Morin, C. M., Bastien, C. H., Guay, B., Radouco-Thomas, M., Leblanc, J., & Blais, F. C. (2001, July). The role of cognitive-behavior therapy and supervised medication withdrawal to discontinue benzodiazepine-hypnotics in chronic insomniacs. In A. Harvey (Chair), New developments in the nature and treatment of insomnia. Symposium presented at the *World Congress of Behavioral and Cognitive Therapies*, Vancouver, Canada.
56. Morin, C. M., Bastien, C. H., Guay, B., Radouco-Thomas, M., Leblanc, J., & Blais, F. C. (2001, March). Cognitive-behavior therapy and benzodiazepine discontinuation in older adults. In C. Espie (Chair), New developments in insomnia and other sleep disorders. Symposium presented at the meeting of the *British Psychological Society*, Glasgow, Scotland.
57. Blanco, M., & Morin, C. M. (2000, November). (Co-chairs), Insomnia. Symposium presented at the *Latin American Sleep Congress*, Sao Paulo, Brazil.
58. Morin, C. M. (2000, November). Integration of behavioral and pharmacological therapies for insomnia. In M. Blanco and C.M. Morin (Co-chairs), Insomnia. Symposium presented at the *Latin American Sleep Congress*, Sao Paulo, Brazil.
59. Morin, C. M. (2000, November). Vulnérabilité psychologique à l'insomnie. In C. Morin and L. Garma (Co-chairs), Insomnie: Facteurs de vulnérabilité. *Société Française de Recherche sur le Sommeil*, Montpellier, France.
60. Morin, C. M., Bastien, C., Guay, B., Radouco-Thomas, M., Leblanc, J., & Blais, F. (2000, November). Discontinuation of benzodiazepines in elderly insomniacs. In M. Ventura Seabra (Chair), *Geriatrics. Symposium presented at the Latin American Sleep Congress*, Sao Paulo, Brazil.
61. Morin, C. M., & Garma, L. (2000, November). (Co-chairs). Insomnie : facteurs de vulnérabilité. Symposium presented at the meeting of the *Société Française de Recherche sur le Sommeil*, Montpellier, France.
62. Morin, C. M. (2000, April). The role of cognitive-behavior therapy in the management of insomnia. In C. Soldatos and M. Lader (Co-chairs), Insomnia: Etiopathogenetic and therapeutic considerations. Symposium organized by the *Hellenic Sleep Research Society*, Athens, Greece.
63. Morin, C. M. (1999, December). Behavioral approaches to treating insomnia. In C. Ehlers & D. Kupfer (Co-chairs), New insights in the clinical management of insomnia. Symposium presented at the meeting of the *American College of neuropsychopharmacology*, Acapulco, Mexico.
64. Morin, C. M. (1999, October). Cognitive therapy of insomnia. In D. Rieman and S. Volk (Co-chairs), Behavioral treatment of insomnia. Workshop presented at the meeting of the *World Federation of Sleep Research Societies*, Dresden, Germany.
65. Morin, C. M. (1999, October). Discussant. In C. H. Bastien (Chair), Insomnie : Considérations physiologiques et traitement. Symposium presented at the meeting of the *Société Québécoise pour la Recherche en Psychologie*, Québec, Canada.
66. Morin, C. M. (1999, October). Is the combination of behavior therapy with hypnotics superior to behavior therapy alone in the treatment of insomnia? In F. Hohagen and G. Hajak (Co-

- chairs), New developments in the treatment of insomnia: Do they really have any impact on the primary health care setting? Symposium presented at the meeting of the *World Federation of Sleep Research Societies*, Dresden, Germany.
67. Morin, C. M. (1999, October). Is there a psychological vulnerability to insomnia? In C. Kempnaers (Chair), Focus group on insomnia. Symposium presented at the meeting of the *World Federation of Sleep Research Societies*, Dresden, Germany.
 68. Morin, C. M., Bastien, C. H., Guay, B., Radouco-Thomas, M., Leblanc, J., & Blais, F. C. (1999, October). Cognitive-behavior therapy to facilitate discontinuation of benzodiazepine-hypnotics. In P. Hauri (Chair), Cognitive-behavioral combination treatments for insomnia. Symposium presented at the meeting of the *World Federation of Sleep Research Societies*, Dresden, Germany.
 69. Quesnel, C., Savard, J., Simard, S., & Morin, C. M. (1999, October). Treatment of insomnia in breast cancer patients. Symposium presented at the meeting of the *Pan American Congress of Psychosocial & Behavioral Oncology*, New York, NY.
 70. Morin, C. M. (1999, August). Integrated biobehavioral approaches to treating insomnia. In M. T. Sammons (Chair), Combined pharmacological and psychological treatment strategies for mental disorders. Symposium presented at the meeting of the *American Psychological Association*, Boston, MA.
 71. Laroche, L., Savard, J., & Morin, C. M. (1999, May). Insomnie chronique et fonctionnement immunitaire. Symposium presented at the *Journée scientifique du Réseau de santé mentale FRSQ*, Québec, Canada.
 72. Morin, C. M., Bastien, C. H., Radouco-Thomas, M., Guay, B., LeBlanc, J., Blais, J., & Mimeault, V. (1998, November). Long-term impact of cognitive-behavior therapy for late-life insomnia. In A. M. Zeiss (Chair), Mixed Anxiety and Depression in Older Adults: Data and Clinical Implications. Symposium presented at the meeting of the *Association for Advancement of Behavior Therapy*, Washington, DC.
 73. Savard, J., Blanchet, J., Laroche, L., & Morin, C. M. (1998, October). Étude préliminaire sur l'insomnie dans le contexte du cancer du sein. Symposium presented at the *Réunion annuelle du Club de recherches cliniques du Québec*, Mont-Tremblant, Québec, Canada.
 74. Morin, C. M. (1998, June). Integrated biobehavioral interventions for insomnia. In J. Edinger (Chair), Recent advances in the behavioral, chronobiological, and pharmacological treatments for insomnia. Symposium presented at the meeting of the *Association of Professional Sleep Societies*, New Orleans, LA.
 75. Morin, C. M. (1997, November). Clinical management of insomnia associated with chronic use of hypnotic medications. Special session (Master Clinician Series) presented at the meeting of the *Association for Advancement of Behavior Therapy*, Miami, FL.
 76. Morin, C. M. (1997, November). Treatment of insomnia, anxiety, and benzodiazepine dependence in late-life. (Chair). Symposium presented at the meeting of the *Association for Advancement of Behavior Therapy*, Miami, FL.
 77. Morin, C. M. (1997, November). Working with diverse older adults: Clinical and research issues. In G. Iwamasa (Chair). Panel discussion at the meeting of the *Association for Advancement of Behavior Therapy*, Miami, FL.
 78. Morin, C. M., Bastien, C., Adouco-Thomas, M., Guay, B., Leblanc, J., & Gagné, A. (1997, November). Treatment of insomnia and benzodiazepine dependence in late-life. In C. Morin (Chair), Treatment of insomnia, anxiety and benzodiazepine dependence in late-life. Symposium presented at the meeting of the *Association for Advancement of Behavior*

- Therapy*, Miami, FL.
79. Morin, C. M. (1996, December). Les traitements psychologiques de l'insomnie. Invited address presented at *Journée scientifique de thérapie comportementale et cognitive*, Paris, France.
 80. Morin, C. M. (1996, October). Advantages and limitations of the nonpharmacological treatments of insomnia. Invited address presented at *Metodi Comportamentali di Valutazione e Trattamento delle Insonnie*, University of Roma (La Sapienza), Roma, Italy.
 81. Morin, C. M. (1996, October). Un programma cognitivo-comportamentale per le insonnie. Invited address presented at *Metodi Comportamentali di Valutazione e Trattamento delle Insonnie*, University of Roma (La Sapienza), Roma, Italy.
 82. Morin, C. M. (1996, August). Insomnia: Psychological approaches to treating a prevalent health problem. Invited address presented by a recipient of « 1995 Distinguished Scientific Early Career Award » at the meeting of the *American Psychological Association*, Toronto, Canada.
 83. Morin, C. M. (1996, May). Clinical management of hypnotic-dependent insomnia. Paper presented in C. Morin (Chair), Treatment of insomnia in special populations. Course presented at the meeting of the *Association of Professional Sleep Societies*, Washington, DC.
 84. Morin, C. M. (1996, May). La fatigue: Diagnostic, traitement et prévention. Lectures presented in Montréal, Québec, Laval and Longueuil. *Institute for Cortex Research & Development*.
 85. Morin, C. M. (1995, July). Cognitive-behaviour therapy and pharmacotherapy for late-life insomnia. In C. A. Espie (Chair), Management of insomnia across clinical populations. Symposium presented at the *World Congress of Behavioural and Cognitive Therapies*, Copenhagen, Denmark.
 86. Morin, C. M. (1995, August). Treatment of benzodiazepine dependence in late life. Communication presented in G. A. Stricker (Chair), Treatment of anxiety disorders in late life. Symposium presented at the meeting of the *American Psychological Association*, New York, NY.
 87. Morin, C. M. (1994, November). Comparative efficacy of psychological and pharmacological therapies across clinical disorders. Symposium (Chair) presented at the meeting of the *Association for Advancement of Behavior Therapy*, San Diego, CA.
 88. Morin, C. M., Stone, J., Colecchi, C., Brink, D., & Sood, R. (1994, November). Cognitive-behavior therapy and pharmacotherapy for late-life insomnia. In C. Morin (Chair), Comparative efficacy of psychological and pharmacological therapies across disorders. Symposium presented at the meeting of the *Association for Advancement of Behavior Therapy*, San Diego, CA.
 89. Morin, C. M. (1994, September). Nonpharmacological management of insomnia. In J. J. Lipsitz (Chair), Sleep: What's new in the nineties? Symposium presented at the meeting of the *Canadian Psychiatric Association*, Ottawa, Ontario.
 90. Morin, C. M. (1994, June). Changing beliefs and attitudes about insomnia. In P. J. Hauri (Chair), The nuts and bolts of treating insomnia. Course presented at the meeting of the *Association of Professional Sleep Societies*, Boston, MA.
 91. Morin, C. M. (1994, June). Cognitive-behavioral approach to insomnia treatment in old age. In D. Bliwise (Chair), Management of sleep disorders in the elderly. Course presented at the meeting of the *Association of Professional Sleep Societies*, Boston, MA.
 92. Morin, C. M. (1993, May). Cognitive-behavioral approaches in the management of chronic insomnia. In H. P. Roffwarg (Chair), Sleep disorders: New tools, tactics, and treatments. *American Psychiatric Association*, San Francisco, CA.

93. Morin, C. M. (1992, June). Cognitive management of dysfunctional beliefs and attitudes about sleep. In F. Watts (Chair), Cognitive management of insomnia. Symposium presented at the *World Congress of Cognitive Therapy*, Toronto, Canada.
94. Morin, C. M., Stone, J., Trinkle, D., & Mercer, J. (1992, June). Assessment and treatment of dysfunctional sleep cognitions in elderly insomniacs. In D. Myran (Chair), Cognitive therapy with the elderly. Symposium presented at the *World Congress of Cognitive Therapy*, Toronto, Canada.
95. Morin, C. M. (1992, May). Cognitive therapy for insomnia. In P. J. Hauri (Chair), The nuts and bolts of behavioral therapy for insomnia. Course presented at the meeting of the *American Sleep Disorders Association*, Phoenix, AZ.
96. Morin, C. M., Stone, J., Jones, S., & Mercer, J. (1991, November). Treatment of insomnia: A clinical replication series. In K. Lichstein (Chair), Insomnia: Clinical and basic research studies. Symposium presented at the meeting of the *Association of Behavior Therapy*, New York, NY.
97. Morin, C. M., Kowatch, R., & Barry, T. (1991, September). Behavioral management of geriatric insomnia. In T. Torp (Chair), Geriatric Care. Symposium presented at the meeting of the *European Association for Behaviour Therapy*, Oslo, Norway.
98. Morin, C. M., Stone, J., & Maghakian, C. (1991, September). Medication and behavior therapy for insomnia: Acceptability and efficacy issues. In E. Foa (Chair), Behavioural medicine: Behaviour therapy and medication. Symposium presented at the meeting of the *European Association for Behaviour Therapy*, Oslo, Norway.
99. Morin, C. M. (1991, March). Controlling acute and chronic pain. Paper session (Chair) presented at the meeting of the *Society of Behavioral Medicine*, Washington, DC.
100. Morin, C. M., Kowatch, R., Barry, T., & Walton, E. (1989, November). Cognitive-behavioral treatment of insomnia in the elderly: A polysomnographic evaluation. In R. Rosenberg (Chair), Behavioral treatment of insomnia. Symposium presented at the meeting of the *Association for Advancement of Behavior Therapy*, Washington, DC.
101. Morin, C. M. (1989, June). Recent advances in the behavioral management of chronic insomnia. Symposium (Chair) presented at the meeting of the *American Sleep Disorders Association*, Washington, DC.
102. Morin, C. M., Kowatch, R., Culbert, J., & Walton, E. (1989, June). Efficacy of cognitive-behavioral treatment of insomnia: A meta-analytic review. In C. Morin (Chair), Recent advances in the behavioral management of chronic insomnia. Symposium presented at the meeting of the *American Sleep Disorders Association*, Washington, DC.
103. Morin, C. M. (1988, September). Invited panelist in C. Espie (Chair), Management of chronic insomnia. Special Interest Group Meeting, *World Congress of Behaviour Therapy*, Edinburgh, Scotland.

PAPER PRESENTATIONS

1. Dolsen, M. R., Soehner, A. M., Morin, C. M., Bélanger, L., Walker, M. P., & Harvey, A. G. (2015, May). Sleep the night before and after a therapy session: A critical therapeutic ingredient? *The Annual Meeting of the Association for Psychological Science*, New York, USA.
2. Belleville, G., Boily, L.-A., Provencher, M. D. & Morin, C. M. (2013, May). Adding insomnia management strategies to CBT for GAD: A pilot study. Poster presented at the 3rd meeting of the Canadian Association for Cognitive and Behavioural Therapies, Montréal,

- Canada.
3. Ritterband, L., Thorndike, F., Lord, H., Frederick, C., Gonder-Frederick, L., Ingersoll, K., & Morin, C. (2013, May). A National (US) Trial of an Internet Intervention for Insomnia (SHUTi): Pre-Post Findings. Paper presented at the *Meeting of the International Society for Research on Internet Interventions (ISRII)*, Northwestern University, Chicago, IL.
 4. Thorndike, F., Ritterband, L., Lord, H., Mason, N., Stone, K., & Morin, C. (2013, May). Utilization and efficacy of an Internet intervention for insomnia among adults age 55 and older. Paper presented at the *Meeting of the International Society for Research on Internet Interventions (ISRII)*, Northwestern University, Chicago, IL.
 5. St-Amand, J., Provencher, M. D., & Morin, C. M. (2010, November). Management of daytime sleepiness in euthymic patients with bipolar disorder. *Association for Behavioral and Cognitive Therapies*, San Francisco, CA.
 6. Beaulieu-Bonneau, S., & Morin, C. M. (2010, October). Long-term sleepiness and fatigue symptoms following traumatic brain injury. *American Congress of Rehabilitation Medicine and American Society of Neurorehabilitation Joint Educational Conference*, Montreal, QC.
 7. St-Amand, J., Provencher, M. D., & Morin, C. M. (2010, March). Comportements pour gérer la somnolence chez des personnes ayant un trouble bipolaire en phase euthymique. *Société québécoise pour la recherche en psychologie*, Montréal, Québec.
 8. Morin, C. M., Vallières, A., Guay, B., Guay, C., Savard, J., Mérette, C., Bastien, C., Baillargeon, L., Grégoire, J.P. (November, 2009). Cognitive-behavior therapy, singly and combined with medication, for the management of chronic insomnia. *Korean Sleep Medicine Society*, Seoul, South Korea.
 9. Thorndike, F., Ritterband, L., Lord, H., Morin, C. M., Gonder-Frederick, L. (2009, July). Mood improvement from using an Internet intervention for insomnia. *NIMH Conference on Mental Health Services Research*, Washington, D.C.
 10. Beaulieu-Bonneau, S., Fortier-Brochu, E., LeBlanc, M., Vallières, A., & Morin, C.M. (2009, April). Subjective excessive daytime sleepiness in a community-based sample: Frequency and associated factors. *Canadian Sleep Society*, Toronto, Canada.
 11. Beaulieu-Bonneau, S., Roy, M.-A., & Morin, C.M. (2009, April). Daytime sleepiness after moderate/severe traumatic brain injury: Preliminary findings. *Canadian Sleep Society*, Toronto, Canada.
 12. Belanger, L., Sanchez-Ortuno, M., Ivers, H., & Morin, C.M. (2009, April). Impact of CBT for insomnia and CBT combined with medications on daytime functioning. *Canadian Sleep Society*, Toronto, Canada.
 13. Fortier-Brochu, E., Ivers, H., Beaulieu-Bonneau, S., LeBlanc, M., & Morin, C. M. (2009, April). Are insomnia symptoms stable over time? A 5-year prospective study in the general population. *Canadian Sleep Society*, Toronto, Canada.
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 15. LeBlanc, M., Belanger, L., Merette, C., Savard, J., & Morin, C.M. (2009, April). Epidemiology of insomnia in a Canadian population-based sample. *Canadian Sleep Society*, Toronto, Canada.
 16. Moreau, V., Gagnon, C., Lamy, M., Ivers, H., & Morin, C. M. (2009, April). Does CBT for insomnia alter sleep misperceptions? *Canadian Sleep Society*, Toronto, Canada.

17. Morin, C. M. (2009, April). Insomnia: From epidemiology to treatment. Invited address presented at the *Canadian Sleep Society meeting*, Toronto, Canada.
18. Perozzo, C., Gagnon, C., LeBlanc, M., Savard, J., & Morin, C. M. (2009, April). Insomnia as a risk factor for health problems: A longitudinal study. *Canadian Sleep Society*, Toronto, Canada.
19. Sanchez-Ortuno, M., Belanger, L., Ivers, H., & Morin, C.M. (2009, April). Are the effects of insomnia treatment on daytime measures clinically important? *Canadian Sleep Society*, Toronto, Canada.
20. St-Amand, J., Provencher, M. D., & Morin, C. M. (2009, March). Caractéristiques du sommeil chez des individus ayant un diagnostic de trouble bipolaire en phase euthymique. *Société québécoise pour la recherche en psychologie*, Ottawa, Ontario.
21. Morin, C. M., Schaefer, K., Roach, J. R., Amato, D. A., McCall, W., & Roth, T. (2008, May). Treatment of primary insomnia and insomnia comorbid with major depressive disorder and generalized anxiety disorder: A responder analysis using the Insomnia Severity Index. *New Clinical Drug Evaluation Unit*, Phoenix, AZ.
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23. Fortier-Brochu, E., Beaulieu-Bonneau, S., & Morin, C. M. (2007, September). Sleep and fatigue in individuals with insomnia. *World Federation of Sleep Research and Sleep Medicine Societies*, Cairns, Australia.
24. Morin, C. M., Léger, D., Ochiyama, M., Kobayashi, M., Gilloteau, I., & Walsh, J. K. (2007, August). SLEEPI-I study, A multicountry survey: Socio-demographic characteristics and quality of life in chronic insomniacs. *International Society for Pharmacoepidemiology*, Quebec City, Canada.
25. Beaulieu-Bonneau, S., Fortier-Brochu, E., Ivers, H., & Morin, C. M. (2007, April). Daytime consequences of insomnia: A factor analysis. *Canadian Sleep Society*, Montreal, Canada.
26. Bélanger, L., Vallières, A., Ivers, H., Moreau, V., Lavigne, G., & Morin, C. M. (2007, April). Meta-analysis of sleep changes during placebo administration compared to untreated groups in insomnia treatment trials. *Canadian Sleep Society*, Montreal, Canada.
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28. Forget, D., Morin, C. M., & Bastien, C. H. (2007, April). Special characteristics surrounding the spontaneous K-Complex in good sleepers. *Canadian Sleep Society*, Montreal, Canada.
29. Fradette, L., Pennestri, M. H., Pelletier, S., Montplaisir, J., Morin, C.M., & Lanfranchi, P. A. (2007, April). Cardiovascular changes associated with micro-arousals in primary insomniacs and normal subjects. *Canadian Sleep Society*, Montreal, Canada.
30. LeBlanc, M., Mérette, C., Savard, J., & Morin, C. M. (2007, April). Incidence and risk factors of insomnia in a population-based sample. *Canadian Sleep Society*, Montreal, Canada.
31. Vallières, A., Morin, C. M., Ivers, H., & LeBlanc, M. (2007, April). Perceived health and psychological consequences associated with work schedules for regular night and rotating shift workers: The moderating effect of insomnia symptoms. *Canadian Sleep Society*, Montreal, Canada.

32. Plante-Jean, M.-A., Bélanger, M.-È., Fortier-Brochu, É., & Morin, C. M. (2007, March). L'anxiété est-elle en lien avec les plaintes d'un mauvais fonctionnement cognitif chez les personnes souffrant d'insomnie? *Société québécoise de la recherche en psychologie*, Sherbrooke, Québec.
33. Morin, C. M. (2006, November). The state of translational research in insomnia: Current research and clinical applications. Clinical round table presented at the *Association for Behavioral and Cognitive Therapies*, Chicago, IL.
34. Moreau, V., Bélanger, L., Bégin, G., & Morin, C. M. (2006, october). Enquête sur la qualité du sommeil chez les jeunes en centres de réadaptation du Centre jeunesse de Québec. *International Child and Youth Care Conference and le Congrès conjoint familles, enfance, jeunesse du Québec*, Montréal, Canada.
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37. Bériault, É., Drouin-Maziade, C., Belleville, G., Guay, C., & Morin, C.M. (2005, March). Perception d'efficacité personnelle chez les adultes souffrant d'insomnie primaire en sevrage d'hypnotiques. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
38. Boivin, I., Beaudoin, A. S., Guay, C., Vallières, A. & Morin, C. M. (2005, March). Exploration des motifs d'utilisation au besoin de somnifères dans le traitement de l'insomnie. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
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40. Savard, J., Simard, S., Ivers, H., & Morin, C. M. (2005, March). L'insomnie associée au cancer : Un problème recevant une attention croissante. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
41. Gosselin, P., Ladouceur, R., Morin, C. M., Dugas, M. J., & Baillargeon, L. (2005, March). Essai contrôlé et randomisé évaluant l'efficacité de la thérapie comportementale et cognitive dans le sevrage des benzodiazépines de patients ayant un TAG. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
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44. Beaulieu-Bonneau, S., LeBlanc, M., & Morin, C.M. (2005, March). Efficacité d'un auto-traitement pour l'insomnie administré dans le cadre d'une étude épidémiologique. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
45. Belleville, G., Guay, C., Guay, B., & Morin, C. M. (2005, March). Sevrage des hypnotiques

- avec ou sans bibliothérapie chez des adultes souffrant d'insomnie: Données préliminaires. *Société Québécoise pour la Recherche en Psychologie*. Mont Sainte-Anne, Québec.
46. Vallières, A., Bélanger, L. J., Ivers, H., Guay, B., & Morin, C. M. (May 2004). Attribution of sleep improvements in combined drug and behavioral therapies for primary insomnia. *Canadian Sleep Society*, Québec City, Québec.
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 48. Bélanger, L. J., Belleville, G., Ladouceur, R., & Morin, C. M. (2004, May). Do anxious patients complain more of Insomnia than anxiety to general practitioners? *Canadian Sleep Society*, Québec City, Québec.
 49. Davidson, J. R., Aimé, A., Ivers, H., & Morin, C. M. (2004, May). Characteristics of individuals with insomnia who seek treatment in a clinical setting versus those who volunteer for a research study. *Canadian Sleep Society*, Québec City, Québec.
 50. Rioux, I., Bastien, C. H., Morin, C. M., & Tremblay, S. (2004, May). Time estimation in chronic insomnia sufferers. *Canadian Sleep Society*, Québec City, Québec.
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 52. Fortier-Brochu, É., Bastien, C. H., & Morin, C. M. (2004, May). Does cognitive behavioral therapy for insomnia alter the microstructure of NREM sleep? *Canadian Sleep Society*, Québec City, Québec.
 53. Beaulieu-Bonneau, S., LeBlanc, M., & Morin, C. M. (2004, May). Efficacy of a self-help treatment for insomnia delivered in the context of a larger community-based epidemiological study. *Canadian Sleep Society*, Québec City, Québec.
 54. Riley, W., Mihm, P., Behar, A., & Morin, C. (2002, November). Initial evaluation of a computerized behavioral intervention for primary insomnia. *Association for Advancement of Behavior Therapy*. Reno, Nevada.
 55. Beaulieu-Bonneau, S., Dubois, J. P., Massé, V., Bernier, F., Ouellet, M-C., & Morin, C.M. (2002, November). Prévalence et déterminants de l'insomnie à la suite d'un traumatisme cranio-cérébral. *Société Québécoise pour la Recherche en Psychologie*, Trois-Rivières, Québec.
 56. Ouellet, M-C., & Morin, C. M. (2002, October). Evaluating the effectiveness of cognitive-behavioural therapy for insomnia following brain injury: a series of five single case studies. *International Conference on Post-Trauma Rehabilitation*. Québec, Québec.
 57. Belleville, G., Ouellet, M-C., & Morin, C. M. (2001, October). Jugements rétrospectifs et prospectifs d'intervalles temporels chez les personnes souffrant d'insomnie et les bons dormeurs. *Société Québécoise pour la Recherche en Psychologie*. Chicoutimi, Québec.
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 59. Vallières, A., Leblanc, M., Guay, B., Bastien, C. H., & Morin, C. M. (2001, July). Sequential treatment for chronic insomnia: A pilot study. *World Congress of Behavioral and Cognitive Therapies*, Vancouver.
 60. LeBlanc, M., Bastien, C. H., Carrier, J., & Morin, C. M. (2000, June). Analyse spectrale de l'EEG: Insomnie chronique et utilisation de benzodiazépines chez les aînés. *Journée*

- scientifique du Réseau de santé mentale FRSQ*, Montréal, Canada.
61. Ouellet, M-C., Vallières, A., Belleville, G., Bastien, C., & Morin, C. M. (2000, October). Le traitement behavioral-cognitif de l'insomnie associée à d'autres psychopathologies. *Société Québécoise pour la Recherche en Psychologie*, Hull, Québec, Canada.
 62. Bastien, C. H., Morin, C. M., Bouchard, S., Bussièrès, È. L. (1999, November). Cognitive behavior therapy for insomnia: Comparing the efficacy of three different formats. *Association for Advancement of Behavior Therapy*, Toronto, Canada.
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 64. Lamoureux, C., Bastien, C. H., Vignola, A., & Morin, C. M. (1999, November). Chronic users of benzodiazepines: Neuropsychological and subjective evaluation of performance in elderly insomniacs. *Association for Advancement of Behavior Therapy*, Toronto, Canada.
 65. Vallières, A., Bastien, C. H., Ladouceur, R., & Morin, C. M. (1999, November). Cognitive behavior therapy for insomnia associated with anxiety or depression. *Association for Advancement of Behavior Therapy*, Toronto, Canada.
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 70. Quesnel, C., Savard, J., Simard, S., & Morin, C. M. (1999, May). Thérapie cognitive-comportementale de l'insomnie chronique et cancer du sein. *Journée scientifique du Réseau de santé mentale FRSQ*, Québec, Québec, Canada.
 71. Savard, J., Laroche, L., & Morin, C. M. (1999, March). Chronic insomnia and immunity. *Society of Behavioral Medicine*, San Diego, California.
 72. Bastien, C. H., Blais, F. C., & Morin, C. M. (1998, November). Use of health services as a cost-efficacy indicator of cognitive-behavioral treatment for insomnia. *Association for Advancement of Behavior Therapy*, Washington, DC.
 73. Bernier, F., Bastien, C. H., Mimeault, V., & Morin, C. M. (1998, November). Factors related to benzodiazepine use among insomniacs. *Association for Advancement of Behavior Therapy*, Washington, DC.
 74. Blais, F. C., Gendron, L., & Morin, C. M. (1998, November). Sleep of generalized anxiety disorders patients. *Association for Advancement of Behavior Therapy*, Washington, DC.
 75. Ladouceur, R., Morin, C. M., Langlois, F., Léger, E., & Dugas, M. J. (1998, November). How does an effective treatment for GAD patients affect insomnia? *Association for Advancement of Behavior Therapy*, Washington, DC.
 76. Savard, J., Quesnel, C., Simard, S., & Morin, C. M. (1999, June). Cognitive-behavioral therapy for chronic insomnia in breast cancer survivors. *Conférence scientifique « La recherche sur le*

- cancer du sein: Raisons d'espérer* », Toronto, Ontario.
77. Morin, C. M., Ladouceur, R., Léger, É., Langlois, F., & Dugas, M. J. (1998, November). GAD and Insomnia: An analysis of insomnia among GAD patients. *Association for Advancement of Behavior Therapy*, Washington, DC.
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 83. Gendron, L., Blais, F. C., & Morin, C. M. (1998, October). Stratégies de contrôle de pensées chez les gens souffrant d'insomnie. *Société Québécoise pour la Recherche en Psychologie*, Montréal, Canada.
 84. Ladouceur, R., Morin, C. M., Langlois, F., Léger, É., & Dugas, M. (1998, October). Impact d'un traitement pour le TAG sur l'insomnie. *Société Québécoise pour la Recherche en Psychologie*, Montréal, Canada.
 85. Laroche, L., Savard, J., Blanchet, J., & Morin, C. M. (1998, October). Traitements oncologiques et plainte d'insomnie chez les patientes atteintes d'un cancer du sein. *Société Québécoise pour la Recherche en Psychologie*, Montréal, Canada.
 86. Morin, C. M., Ladouceur, R., Léger, É., Langlois, F., & Dugas, M. J. (1998, October). Description des symptômes d'insomnie chez des patients souffrant du TAG. *Société Québécoise pour la Recherche en Psychologie*, Montréal, Canada.
 87. Vignola, A., Bastien, C. H., & Morin, C. M. (1998, October). Évaluation objective et subjective de la performance chez des ânés bons dormeurs ou souffrant d'insomnie. *Société Québécoise pour la Recherche en Psychologie*, Montréal, Canada.
 88. Bastien, C. H., Blais, F. C., & Morin, C. M. (1998, May). Use of health services as a cost-efficacy indicator of cognitive-behavioral treatment for insomnia. *Journée scientifique, Université de Montréal*, Montréal, Canada.
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 90. Savard, J., Blanchet, J., Laroche, L., & Morin, C. M. (1998, May). L'insomnie est-elle une conséquence du diagnostic de cancer du sein? *Journée scientifique, Fonds de la Recherche en Santé du Québec (Réseau Santé Mentale)*, Université de Montréal, Montréal, Canada.
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93. Morin, C.M. (1997, March). Practical issues in the assessment and treatment of insomnia. *Alaska Thoracic Society Meeting*, Anchorage, AK.
94. Morin, C. M., Blais, F. C., & Mimeault, V. (1996, November). Changes in beliefs and attitudes about sleep among insomnia patients. *Association for the Advancement of Behavior Therapy*, New York, NY.
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100. Morin, C. M., Colecchi, C., Ling, W., & Sood, R. (1994, November). Cognitive-behavior therapy to discontinue hypnotic medications among drug-dependent insomniacs. *Association for Advancement of Behavior Therapy*, San Diego, CA.
101. Morin, C. M., Colecchi, C., Stone, J., & Trinkle, D. (1994, November). Psychometric properties and normative data for the Beck Anxiety Inventory with older adults. *Association for Advancement of Behavior Therapy*, San Diego, CA.
102. Morin, C. M., Colecchi, C., Ling, W., & Sood, R. (1994, June). Cognitive-behavior therapy for benzodiazepine-dependent insomniacs. *Association of Professional Sleep Societies*, Boston, MA.
103. Bayer, L., Gramling, S., Morin, C. M., Schwartz, S., & Grayson, R. (1994, March). The influence of exercise upon somatic and cognitive anxiety and sleep arousal. *Society of Behavioral Medicine*, Boston, MA.
104. Ling, W., & Morin, C. M. (1993, November). Predictors of treatment outcome in the cognitive-behavioral management of insomnia. *Association for Advancement of Behavior Therapy*, Atlanta, GA.
105. Morin, C. M., Colecchi, C., Astruc, M., Brink, D., Mercer, J., & Rembsberg, S. (1993, June). How blind are double-blind placebo controlled trials of benzodiazepine-hypnotics? *American Sleep Disorders Association*, Los Angeles, CA.
106. Morin, C. M., Stone, J., Maghakian, C., Astruc, M., Mercer, J., & Brinks, D. (1993, June). Cognitive-behavior therapy and pharmacotherapy for late-life insomnia: A placebo-controlled trial. *American Sleep Disorders Association*, Los Angeles, CA.
107. Morin, C. M. (1992, December). Psychological management of insomnia: A clinical replication series with 100 patients. *Chesapeake Bay Sleep Society*, John Hopkins University, Baltimore,

MD.

108. Morin, C. M., Stone, J., Trinkle, D., & Mercer, J. (1992, May). Dysfunctional beliefs and attitudes about sleep among older adults with and without insomnia complaints. *American Sleep Disorders Association*, Phoenix, AZ.
109. Stone, J., Morin, C. M., & Hart, R. P. (1992, May). Neuropsychological functioning in older adults with obstructive sleep apnea or insomnia. *American Sleep Disorders Association*, Phoenix, AZ.
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111. Stone, J., Sood, R., & Morin, C. M. (1991, October). Pseudoseizures and sleep: A case report. Presented at the meeting of the *Chesapeake Bay Sleep Society*, Charlottesville, VA.
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113. Morin, C. M., Jones, S., Stone, J., & Mercer, J. (1991, June). Cognitive-behavioral treatment for persistent insomnia: Preliminary data from a clinical replication series. *American Sleep Disorders Association*, Toronto, Canada.
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116. Kowatch, R., Knisely, J., Elswide, R., Green, D., Morin, C. M., & Schnoll, S. (1990, June). EEG sleep and mood during cocaine withdrawal. *American Sleep Disorders Association*, Minneapolis, MN.
117. Morin, C. M., Kowatch, R., Berry, T., & Walton, E. (1990, June). Cognitive-behavioral treatment of late-life insomnia. *American Sleep Disorders Association*, Minneapolis, MN.
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